

N321 Adult Health I

Clinical Reflection Form

Name: Jessica Hines

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

So far, this clinical experience is going well for me. I feel like I have learned a lot in the different departments. I like that every week, we rotate to the different departments, so we get different experiences frequently. Some days are slow, and we aren't able to do as much, but that comes with the job and also might be because, as of right now, I'm on the afternoon clinical.

2. What have been good experiences?

I started my first successful IV on the first day in the ER, which was exciting for me. I have given several medications via oral, IM, SubQ, and IV. I have taken out several IVs. I learned how to do an EKG, and I've done several of them in the ER. Many of the nurses are accepting of us students and are willing to actually teach and explain things to us as they do things. Instructor Henry has also been great with us. She advocates for us, asks us about our experiences, and helps to explain things we don't understand or have questions about.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?

No, I haven't really experienced anything bad. Sometimes, the nurses on the floor kind of ignore us and don't explain what they're doing or why they did something. Sometimes, they may not mean to, though, if they're busy, which I understand, but I wish they would explain things a little more. Not all the nurses feel very welcoming as well. I have been very nervous about performing certain skills because I want to ensure I do it right. Sometimes, I am a little nervous about communicating with the nurses as well.

4. Do you need to talk with anyone in private to discuss clinical?

No, I do not feel I need to talk to anyone further in private.

5. Is there anything else you would like to mention?

No, it has mostly been going well, and I have learned a lot!