

N321 Adult Health I

Clinical Reflection Form

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

At this point in the semester, I am getting comfortable in the clinical setting. I am more familiar with staff and the location of things. That makes the experience more productive and increases my confidence. I get excited to go to clinical weekly now, and am more confident about volunteering for tasks. It is also easier to know when there's an appropriate moment for me to jump in and help complete a task.

2. What have been good experiences?

My time on the fourth floor has been a great experience thus far. The nurses I have shadowed have been great about creating educational opportunities, asking questions, and guiding me through tasks. It has been good to see what intake in the hospital looks like from the check-in at the emergency department, to admission upstairs, and even discharge. I have had a good experience asking questions to my preceptors, as well.

3. Have there been any bad experiences? Could be you are nervous about a skill or communication?

My initial experience in the emergency department wasn't great. The clients my preceptor was working with all had 1-to-1 sitters and were waiting on consults so there wasn't much for us to do, besides paperwork. There was also a point when the nurse stepped away to have a personal conversation with another staff member and then forgot about me. One skill I am nervous about is Foley catheter insertion. I am eager to try my first IV insertion.

4. Do you need to talk with anyone in private to discuss clinical?

I feel like I have been pretty outspoken about my experiences thus far, and so everything that I've had to discuss has already been addressed.

5. Is there anything else you would like to mention?

I have really appreciated my time in clinical this semester. I'm excited to be past the assignments so I can focus on the clients and learning from my preceptors. Although, I keep getting turned around now that the other side of the fourth floor is now open.