

N321 Adult Health I

Clinical Reflection Form

Name: Sarah Minacci

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

So far, I am really enjoying clinical. I appreciate that we are able to rotate to different units. I feel like I am getting to utilize many more skills this semester compared to last semester. I am gaining more confidence in myself and I feel like I am starting to better understand the day to day of nursing in a hospital.

2. What have been good experiences?

I really enjoyed the ACU. The nurses there were absolutely fantastic and it was a more calm environment where I could practice skills like IV insertions. I also got to take blood from a PICC line and watch a port be accessed. I also really like my nurse, Jasmine, on the DEU. She is very kind and great at explaining what she is doing and why she is doing it. She also readily allows me to practice skills and be hands on.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?

Sometimes in ER there is little opportunity to apply skills and at times it feels like the nurses sort of forget about us students being there, but other times the nurses have been great so I guess it just depends on the day!

4. Do you need to talk with anyone in private to discuss clinical?

No 😊

5. Is there anything else you would like to mention?

Again, I really appreciate the opportunity to float to different units and I love that on the DEU we get to be one on one with a nurse. I am definitely learning a lot more that way. I would also like to say that I really appreciate Professor Henry's knowledge and expertise. She is very helpful, communicates clearly, and is also very well-organized.