

Jessica Tillman

Lakeview College of Nursing

N433: Infant, Child, and Adolescent Health

Professor Katie King

10/26/2024

N433 – Active Learning for School Nurse Shadowing Experience

1. How does this clinical site relate to the course?

The clinical site attendance at the Pine Crest Elementary located in Georgetown Illinois provides an exceptional learning experience for nursing students currently attending the Infant, Child, and Adolescent health course. This site assists students in the experience of a school age child's daily routine and the process that occurs if a child becomes ill or hurt while at school or if a child receives a prescription medication during school hours. The school nurse must provide each student that requires medications with daily medications or their specific individualized healthcare needs while being knowledgeable of the safety standards and all doctor's orders provided. Documentation must be prompt and precise for each child receiving medication. This includes the nurse physically signing the documentation for each medication and following the patients' rights of medication administration much like she would do in a hospital setting by utilizing a MAR. This experience allows us to witness firsthand how important it is to understand how to communicate with children of all ages and to know how to interact with children in each situation that might arise. Communication with the parents of the children is often necessary and understanding proper communication with parents of children is a skill that is extremely important when speaking to a parent or guardian about any health situation that may arise during the school day.

2. How were you, an engaged nursing professional today?

During the clinical day I was engaged in the entire experience which included a tour of the entire school while the school nurse explained each section of the school and any necessary health care needs that specific student populations may experience. Next, we toured the nurse's office while she explained what each area was used to store or what specific items were utilized for during an emergency. The nurse's office and all documentation were well organized and labeled to provide clarity to someone who may have to step into her role, if necessary, which also made it easier for students to assist her at times as well. Multiple children came into the nurse's office throughout the school day experiencing nausea or vomiting which I assisted by providing them with a trash can and took the child's temperature. Children entering the nurse's office with multiple needs that required the student to utilize the ice packs in the nurse's office provided the opportunity to engage with the child while providing them with an ice pack and explaining to the child to return to the nurse's office in about an hour to report back if the ice pack helped or not. Numerous students visited the nurse's office because of not feeling well or feeling hot which we then took the child's temperature and proceeded from there with the child's care depending on the outcome of the temperature. Multiple children were sent home because of the outcome of the temperature being elevated above one hundred degrees. Students that did not have a temperature were encouraged to drink more water and eat a good lunch and were asked to return to class.

3. How did you contribute to the service provided by the school nurse today?

The school nurse provided the opportunity for assisting with direct care of the students entering the nurse's office along with encouraging myself and the other student nurse in attendance to interact with the children by assessing them for their subjective information. Asking the student if they are feeling ill or hurt and if so what their signs and symptoms are while obtaining subjective information allows the school nurse to determine the next step in her assessment. The nurse allowed me to take temperatures, provide ice packs, and provide trashcans to ill students that have reported nausea or vomiting. Also, when the number of students coming into

the nurse's office grew the nurse allowed me to assist children to and from the bench outside of her office to keep a safe number of children in her office without overcrowding or possibly causing illness to spread.

4. Name 3 ways this clinical site impacts Pediatric health?

A student's health is impacted in multiple ways within a school setting and with the healthcare they receive from the school nurse. The school nurse provides a service of assessing the student and often provides the student with an earlier intervention of care when initially bringing signs and symptoms experienced to the school nurse's attention. This allows the school nurse to contact the parent, guardian, or caregiver of the child to make them aware of the illness or injury so that they can proceed forward to obtain the necessary interventions. Secondly the school nurse's position provides the student with the ability to receive their medications daily while at school to prevent possible missed doses which may occur if a school nurse is not on staff and administration of medications solely depend on the actions of office staff. This allows the student's medication to stay on a set schedule as well, which is especially important for medications that the nurse has been trained to understand its importance where others who are not trained properly may not understand. Thirdly the school nurse provides the student population with a sense of comfort and security just by their presence. A child may not experience proper healthcare at home or may live in a situation where the means to assess the child's healthcare needs may be limited. This allows the child to have an outlet at school where they can contact and express their healthcare concerns too. The nurse provides a huge service to the school and the community when employed by the school district, often in the surrounding counties no school nurse is available or only one may be employed for that entire county which results in that nurse traveling from school to school which could lead to a detrimental impact on a student's health.

5. What are the health risks of the population served during today's clinical based on your observations today?

Health risks within this population include viral illnesses that spread through close contact, bodily fluids, and improper hand washing. Parasites such as fleas or lice may be spread within the student population rapidly due to the close contact of the students, the lack of boundaries, and the sharing of personal items. This population of children may also be affected by the lack of medical attention or daily necessities due to the financial strains within the community or family dynamic. For example, a young girl may live in a situation where she continues to present to the nurse's office with a lice infestation. This may be due to her multiple other siblings contracting the parasite and bringing it home. This also may be a result of the family's financial situation directly affecting the ability to treat the children involved and their home as well.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Risk for impaired skin integrity related to itchy scalp secondary to pediculosis capitis as evidenced by visible head lice, nits, and itchiness of scalp. The goal of the patient will be to re-establish healthy skin integrity by following a treatment regimen provided for head lice. The nurse will provide educational materials to the patient and the patient's family to treat the infestation of the patient's scalp. The nurse will provide the patient and the patient's family with educational materials to treat the patient's home and items closely used within the home that may harbor nits or mature lice. The nurse will provide educational information to the patient and the patient's family to treat everyone within the immediate family or those outside of the family who gather often together to ensure treatment for prevention of further spreading of the infestation. The nurse will provide the patient and patient's family with instructions for proper handwashing, proper nail trimming, and the importance of refraining from scratching the scalp to avoid further irritation to the scalp.

7. How will your experience during the school Nurse job shadowing impact your Nursing practice?

The school nurse shadowing experience has impacted my outlook on the importance of the school nurse's position and the difficulties that she experiences daily providing nursing care for the student population. Each child requires specific attention to their needs which requires knowledge and understanding while also obtaining the skill of reading between the lines. Providing care to children within a nursing environment requires specific patience, understanding, and skills. I understand that throughout my nursing career I will provide care directly to a child or to a relative or caregiver of a child where I will be required to interact with a child. I do not however plan to specifically work in the pediatrics field of practice and this clinical experience assisted in my decision to not work within the pediatric field due to the emotional strain of children in less desirable living or financial situations (Phelps, 2023).

Resources:

Phelps, L. L. (2023). *Nursing diagnosis reference manual*. Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____