

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: CCU

1. **Briefly write about today's experience(s):** Today I visited the CCU, and I was paired with a nurse that was extremely helpful with explaining what we were doing and why we were doing it. I assisted with two patient's today one a young man that was in his early twenties that has experienced intercranial pressure due to spinal fluid and blood backing up within his skull causing pressure and episodes of the patient passing out. The patient has suffered stroke symptoms affecting his right side. At this time, they do not know why or how, and they are hopeful that he will regain some use of his right side.

My second patient was a 63-year-old female who suffered from abdominal pain that led to an emergency colostomy. The patient was intubated at the beginning of the shift and around 11:00 I was able to assist with the removal and suction. I was also able to provide the patient with IV medications and medications given through the patients feeding tube. I provided the patients mouth care while intubated and after. I also assisted another nurse by providing care for two other patients to gain experience as well.

2. **What is one thing you learned?** I learned that when removing a patient from intubation the nurse's role is to pay close attention to the patient's airway and provide suction. We also assisted the patient by reminding her to cough and assessed her ability to talk each time to see if she was improving each time.
3. **What is one thing you would do differently?** I would not do anything differently because from the time we received the report from the nurse we were going nonstop on the floor providing care and administering medications.
4. **What is your major "take home" from today's clinical experience(s)?** My take home this week is that the CCU involves care for extremely ill patients that completely depend on the nurse to provide them with the best possible care to get them as close baseline as possible. There are also outcomes that are not as positive due to the level of illnesses experienced while admitted to the CCU. CCU is often calm and quiet, providing a calm healing environment for the patient.
5. **Is there anything else you would like to mention?** Just that running multiple pumps is a very overwhelming experience! I am extremely grateful for the experience and look forward to more rotation days!