

N431 Adult Health II

Clinical Reflection Form

Name: Shoshana Zimmerman

Date: February 20, 2024

Clinical Rotation Site: Carle PACU 2nd floor

1. Briefly write about today's experience(s)

I was introduced to Ola who was the charge nurse in the PACU on Monday. She briefly gave me an overview of the department and showed me the scheduled patients for the day in EPIC. Because she was in charge, she was delegating the patients to the available nurses, and it was somewhat busy. As the day progressed and the patients dwindled down there was less to observe.

2. What is one thing you learned?

One thing I learned about the PACU at Carle is that they do oral surgery, which I didn't think they did. There were actually two patients that had their teeth removed that day. I also had to look up a surgery I never heard of, but now I can't remember the name of it.

3. What is one thing you would do differently?

I'm not sure there was anything I could do differently. I could always be more prepared and do some research about the unit before I go there. I could also develop professional relationships, be more of a team player, and work on my bedside manner.

4. What is your major "take home" from today's clinical experience(s)?

The PACU department is very fast paced but requires good assessment skills and medication knowledge. Ola suggested that a background in ICU would help, but it is not essential.

5. Is there anything else you would like to mention? No.