

N431 Adult Health II

Clinical Reflection Form

Name: Vanessa Jackson

Date: 2-13-24

Clinical Rotation Site: PACU

1. Briefly write about today's experience(s)

I was able to shadow Ola, the charge nurse on the unit. I got to see a mix of everything, like how she runs the unit as well as post-op assessments.

2. What is one thing you learned?

I learned that their patient ratio is always 2:1 unless it's a neuro case. If it's neuro it HAS to be 1:1 no matter what.

3. What is one thing you would do differently?

I don't think I would've done anything differently. I got to care for a patient when she woke up from anesthesia and she was very sweet. I spoke to several different nurses on the floor and asked not only nursing questions but also their personal nursing journeys and how they got to PACU.

4. What is your major "take home" from today's clinical experience(s)?

I did not realize how quick patients are transferred to the "second phase". There was two occasions where I stepped out the room for a few minutes, and patients were gone. The flow of the PACU was nothing like I had expected it. Their work flow comes in waves. One minute there's only one or two patients present, next thing you know the room is full.

5. Is there anything else you would like to mention?

I very much enjoyed my time with Ola. She took time to explain every step to me, showed me how she likes to run her unit and jumped right in to help her staff when they got busy. Honestly, she is one of my favorite preceptors thus far throughout the program.