

N431 Adult Health II

Clinical Reflection Form

Name: Shoshana Zimmerman

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Clinical Rotation Site: Carle Critical Care Unit (stepdown) 7th floor.

1. Briefly write about today's experience(s)-

I had three patients throughout the day. Our first patient was an Asian man who spoke Mandarin, who fell out of his bed and had a neck and right-side injury. He was in a c-collar and NPO for the past 2 days. The second patient was on alcohol detox sent from the rehab center. The third patient was a middle-aged female with history of CHF and obesity. She was NPO and she was on bipap when I was there. We had very little meds to give, but we did a lot of neuro checks and peripheral assessments.

2. What is one thing you learned?

I haven't seen a bladder scan or bipap in person, so I was happy that I got contact with those. The female on bipap also had some kind of central line that was being used because she had a lot of ABG's she needed to get done, but I forgot what the line was called. The nurse was constantly assessing that line.

Also, the NPO man could have been taken off NPO earlier if the nurse was able to get in touch with the surgeon earlier, but he said that the surgeon was really busy so he wasn't able to get it taken off earlier. There was nurse practitioner that was rounding who was able to take his NPO status off earlier.

3. What is one thing you would do differently?

I think I would offer to do more things that were in my scope. The nurse would constantly delegate things to the aide, but I would go with her to do those things, such as vitals, oral care, and the bladder scan.

4. What is your major "take home" from today's clinical experience(s)?

I asked the nurse about ICU and what he liked about the unit, he said that it's the most challenging for a nurse because the patients are in such bad condition that the nurse has to do assessments and use critical thinking. We were on the stepdown from ICU, but they were still in bad condition. I liked being able to do constant assessments with the nurse and seeing new procedures.

5. Is there anything else you would like to mention?

No.