

N431 Adult Health II

Clinical Reflection Form

Name: Jessica Warren

Date: 2/5/2024

Clinical Rotation Site: CCU Carle Hospital

1. Briefly write about today's experience(s)

Today I followed Joseph on the CCU wing. I had a MVA with several broken bones in his back, bruised tongue, and bruised face. I also had an exacerbated COPD patient that was getting ready to be discharged and a lady that was found unresponsive in her assisted living apartment that was getting ready to be discharged. I was able to give IV meds today.

2. What is one thing you learned?

I learned how much damage an airbag can cause someone. The gentleman in the MVA accident had most of his injuries as a result of the airbag being deployed. He had to be barrel rolled when we were repositioning him. We couldn't raise the HOB any higher than 30 degrees.

3. What is one thing you would do differently?

I don't know that I would do anything differently than what I did at clinical today.

4. What is your major "take home" from today's clinical experience(s)?

There wasn't anything outstanding that happened with the three people we had to have a significant take home....

Following Joe I saw how well he interacted with the patients. I think it is important to develop a relationship with the patient to help with communication as well as catching the slightest changes they may be having.

5. Is there anything else you would like to mention?

Nothing more to add