

Autism Center Reflection

Please complete the attached form after your rotation at the autism center. This assignment must be turned in based on the syllabus due date. Please do not include any client specific information on this form. Be sure to protect the client's personal health information (PHI).

1. What is Applied Behavioral Analysis (ABA)? Please indicate your source.
 - a. ABA is the understanding of behavior and how it can change. This looks into how the environment can affect behaviors. It also looks into how learning can take place when these behaviors change.

2. How does ABA apply to the clients that you saw today?
 - a. ABA applies to all the clients that I saw. The therapists tried to focus on the kid's environment and how it affected them. If a certain room benefited the child they would use that as a reward system to try and help the kids try something new or get past a certain obstacle like using the bathroom.

3. Give one example of ABA that you saw applied today at your clinical site.
 - a. The therapist was working with a kid on potty training and tolerating different rooms. His favorite room was the play room so he would get 5 minutes in there and then would get to pick another room like the sensory room and he would spend 5 minutes in there. He had to do activities like matching and tolerating commands like clapping your hands in a certain room like the sensory room. If he tolerated this well, he returned to the playroom for another 5 minutes. They compared his behaviors in all the different rooms.

4. Give one example of how you can use ABA in practice.
 - a. Maybe a client is not doing well in an environment such as a nursing home maybe you could provide education to the client and family on different nursing homes.

5. Discuss positive reflections from the day.

- a. All of the therapists were great and so open and helpful. They seemed very happy we were here and it was so sweet interacting with some of the children. They opened up and wanted to play with me and it made me so happy.
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- 6. Discuss negative reflections from the day.
 - a. I felt like sometimes my presence was in the way when the children had certain behaviors but I think I might have been overthinking it.