

N321 Adult Health I

Clinical Reflection Form

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End of clinical Journal

1. Briefly write about your experience(s)

I have really enjoyed my clinical experience. I found all the departments we went to were beneficial and I learned a lot. My favorite departments to go to were wound care, operating room, and emergency room. I want to potentially pursue one of these departments after graduation so having the ability to gain some basic knowledge and understanding early on is helpful.

2. What are things you learned?

I learned how the operating room performs complete shoulder, hip, and knee replacements. I learned how to place an IV, how to administer IV medications, how to complete wound dressings, and many other useful skills. I cannot wait to develop and learn more as I continue in this program.

3. What are things you would do differently?

I do not think I would have done anything differently. I think I had a beneficial experience during clinical. I enjoyed the opportunities presented.

4. What is your major “take home” from clinical experience(s)?

My major take home from clinical experience is to learn the best way to utilize your time for each patient. It is important to stay organized and focused on each patient. It is crucial to learn ways to monitor and complete tasks in a timely manner. In addition, every nurse needs to be completely prepared for any outcome at any moment.

5. Is there anything else you would like to mention?

I do not have anything additional to mention.