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Angelina Thomas

Introduction

My name is Angelina R. Thomas. Throughout my life, I have had many experiences that I am very proud of. I've grown in unimaginable ways. My heart has been impacted by many health professionals, which drove my curiosity and passion for becoming a healthcare professional, myself. I began my journey of pursuing a Bachelor's of Science in Nursing degree, by taking prerequisite courses at Parkland College in Champaign, IL, completing an Associate's in Science degree. I went forward in applying to Lakeview College of Nursing in Danville, IL in the fall of 2020 and began classes January 2021. I've overcome many challenges to get to where I am today, a senior at Lakeview College of Nursing with an anticipated graduation date of May 3, 2024. My field of interest include nursing ill infants back to health, so that they're able to go home with their mommies and daddies and have a chance at a fulfilling, purposeful life. Upon graduating, I am hopeful that I will be a NICU-RN. This position will give me the experience I am longing for, to achieve my ultimate goal of being a

Neonatology APRN. For the past year, I have been a NICU-patient care technician and I have over a decade of patient care experience. Though having a career in the NICU is my passion, I've spent many years developing a well-rounded set of experience and skills in my roles as a Direct Support Professional, Certified Clinical Hemodialysis Technician, and Certified Nursing Assistant. Throughout this portfolio, I hope that my personality and passion to serve patients will shine through my achievements, skills, and service.

Education

Parkland College

Dates: 2017-2019

Attachment:

My major was Biological Sciences and I graduated with a an Associates degree in Science.

Lakeview College Of Nursing

Dates: 2021-2024

Attachment:

Currently pursuing an accelerated Bachelor of Science in Nursing degree.

Experience

Bickford Senior Living

Dates: 6 May, 2017 - July 8, 2018

Attachment:

I worked at Bickford Senior Living directly out of CNA school. There, I gained the opportunity to practice feeding patients in the Dementia unit, bathing, toileting them, reading to them, singing to them, redirecting them when they were upset or confused, also redirecting them when they wanted to wander out of the building. I had the opportunity to check blood sugars, complete exercises with residents, but most importantly I had the opportunity to keep the residents safe from hurt, harm, and danger.

Davita Dialysis Center, Inc.

Dates: 21 September 2018- 9 October 2020

Attachment:

While working as a Certified Hemodialysis Technician I monitored 10-18 patients while they underwent dialysis treatment to ensure safety and record abnormal observations, cleaned catheters for patients with central venous catheters and ensures adequate flow before beginning treatment, provides needlestick access to patients artificial or natural vein through their graft or fistula portal to begin the process of dialyzing, monitored and adjusts patient fluid removal rates as required while talking patients through the dialysis process, ensured sterilization of operating equipment before use to avoid cross contamination to the patients' blood stream, responded to emergency scenarios quickly to prevent hospitalization visits and potentially fatal incidents, and educated patients on health

maintenance and care to maintain fluid balance, proper nutrition, and weight control.

OSF-St. Francis Hospital- Neonatal Intensive Care Unit

Dates: 10/10/2022-Present

Attachment:

As a NICU-Patient Care Technician, my role consists of helping the nurses in their fight to bring infants back to stable health. Additionally, other duties include:

- Provide appropriate safe basic care to patients
- Taking vital signs to ensure patient stability and to provide prompt emergency interventions if needed
- Assist patients with activities of daily living to maintain adequate personal hygiene
- Feed, clothe, bathe, and change diapers for infants from ages one-day-old to discharge (age varies)
- Specimen collection to monitor baseline labs for prompt treatment
- Observation of patients for physical/emotional changes as well as their families to ensure patient well-being and trust
- Recording pertinent information in patient charts for accuracy and monitoring of patient health information
- Communicate with other Patient Care Team members to ensure continuity of care
- Provides constant supervision to patients as needed
- Clean and restock blankets, burping cloths, syringes, lab collection equipment, and other necessary supplies

Of all of the traditional duties, my most rewarding task includes ensuring the care and comfort of the infants' families as well.

OSF- Heart of Mary medical center- Medical-Surgical Unit

Dates: October 2023

Attachment:

As the Patient Care Technician/Certified Nursing Assistant (PCT/CNA), my role consists of providing appropriate safe basic care to patients which includes taking vital signs, assisting patients with activities of daily living, specimen collection, and observation of patients for physical/emotional changes. Other duties include recording pertinent information in patient charts, communicating with other Patient Care Team members to ensure continuity of care, and may function in a role providing constant supervision to patients as needed. Duties may vary according to department expectations and needs.

Groups and Associations

Alpha Phi Omega International Service Fraternity

Dates: August 2018-present

Attachment:

Served as president of a chapter of an International Co-Ed Service fraternity at Parkland College for 1 year. I had the opportunity to lead 20-25 students who also held multiple office positions. Our duties were to service the community, the college, and all of mankind. We volunteered with the American Red Cross to pass out food, clothes, and toiletries for the homeless community, we made dog toys for the doggy shelters, we made valentine's day cards for children at the hospitals, and we also helped the college with ushers at every commencement ceremony at Parkland College in our term.

Documents

N314-Vulnerable Populations Paper

Dates:

Attachment:[phpJPcsaA_N314 Vulnerable populations paper .rtf](#)

N311-Care plan 2

Dates:

Attachment:[phpBkp72F_Care Plan 2 CW \(2\).rtf](#)

N312 Prep U Quiz grades

Dates:

Attachment:[phpPJZ1RC_Document 5521_1.jpg](#)

N313-Davis Advantage scores

Dates:

Attachment:[phpTfI3GZ_Document 5521_2.jpg](#)

N313-Davis Advantage scores

Dates:

Attachment:[phpHuqEhH_Document 5521_2.jpg](#)

Certification in Professionalism

Dates:

Attachment:[phpKUAiDZ_CertificateOfCompletion_168_AngelinaThomas.pdf](#)

N442-Populations and Global Health “Triage Day” evaluation

Dates:

Attachment:[phpEHsmzA_Triage Day.pdf](#)

Here is my fourth semester, “Triage Day” evaluation from my instructor, Professor Armstrong!

N442-Populations and Global Health- Final Clinical evaluation

Dates:

Attachment:[phpB0OSJe_IMG_3992.jpeg](#)

N442-Populations and Global Health-“ Legacy Project Summary”

Dates:

Attachment:[phpr7sVf8_Legacy project summary E-portfolio.docx](#)

N442-Populations and Global Health- Legacy Project

Dates:

Attachment:[phpaUB0jt_Legacy Project Powerpoint .pptx](#)

The legacy project gave my group and I an opportunity to volunteer at and research a nonprofit organization, Habitat for Humanity.

N443-Leadership and Management-“Service Learning Journal”

Dates:

Attachment:[phpcYgho6_Service Learning Journal.docx](#)

As part of the graduation requirement, I have completed 20 service learning hours opportunities at the First Christian Church of Champaign, IL and the SIM lab at Lakeview College of Nursing Danville, IL campus. After completing the hours, I created a journal of my experiences and how it impacted the future of nursing.

N443-Leadership and Management-“Patient safety in the healthcare workplace”-Sigma Certificate

Dates:

Attachment:[php4kP06j_Certificate.pdf](#)

Patient Safety in the healthcare Workplace certification

N443-Leadership and Management- “Project Management” Sigma Certificate

Dates:

Attachment:[php7uGXsE_Certificate-project management .pdf](#)

Project Management certification

N443-Leadership and Management- “Managing a team” Sigma Certificate

Dates:

Attachment:[phpHs5ZGR_Managing a team certificate .pdf](#)

Managing a team certificate

N321-Adult Health I- Concept map

Dates:

Attachment:[phpt67aPF_AThomas N321 Concept Map copy.docx](#)

N321-Adult Health I-Care plan and Teaching Plan

Dates:

Attachment:[php0kAiBa_AThomas N321 Care Plan #1 copy.docx](#)

[phpIZkCO9_AThomas N321 Teaching Plan copy.docx](#)

N322-Pharmacology-“Polypharmacy PROJECT”

Dates:

Attachment:[phpUPMiDn_N322 Polypharmacy Project .docx](#)

N323-Mental Health-Care Plan

Dates:

Attachment:[phpm2xKUG_N323 Care Plan fall 2021.rtf](#)

N324-Older Adult Health- online only- Palliative Care and Therapeutic Communication Assignments

Dates:

Attachment: [phppbsVhmK_N324 Palliative Care Assignment filled out.rtf](#)
[phpAFwAiK_N324 therapeutic communication assignment .rtf](#)

N431-Adult Health II-Care Plan, Concept Map, and Teaching Plan

Dates:

Attachment: [phpEqyVTS_N431 Angelina AH2 CP updated.rtf](#)
[phpA17TXS_N431 Teaching plan completed.docx](#)
[phpJxXykQ_N431 ADHLTH Concept Map updated.docx](#)

N432-Maternal-Newborn-Culture Report Assignment and Newborn CarePlan

Dates:

Attachment: [phpY20Xux_N432 Cultural Report Mexican Americans.rtf](#)
[phpyhAwmt_N4321130 Newborn Care Plan edited by Angelina copy.docx](#)

N433-Infant, Child, and Adolescent Health-School Nurse Debriefing Journal, Immunization modules, ASQ #2 questionnaire, and PEDS Care Plan

Dates:

Attachment: [php1d6COW_N433 22 School Nurse Clinical Debriefing Journal copy copy copy.docx](#)
[phpVzHj7W_N433-Immunization Modules.pdf](#)
[phpqDqfkY_N4331130 Peds Care Plan 2 Spring 2023 update.rtf](#)
[phparHLrX_N4331130 Questionnaires 2.pdf](#)

N343-Evidence Based Practice-Quantitative Literature Review and Qualitative Improvement

Dates:

Attachment: [phpiVPAQa_N434 Quality improvement paper Final Cut.rtf](#)
[phpEuWVO7_N34 Quantitative Lit review Paper-Final.rtf](#)

References

Dates:

Attachment: [phpTfASJW_references.docx](#)

Resume

Dates:

Attachment: [phpbtHE8t_resume 2023.pdf](#)

Cover Letter

Dates:

Attachment: [phpL6EUEJ_NICU Nurse Cover letter .docx](#)

Leadership Experiences

Alpha Phi Omega International Co-Ed Service fraternity

Dates: [08/2017-05/2019](#)

Attachment:

- During my time at Parkland College, I joined the international Co-eD service fraternity, where I served as president for almost two years. I was fortunate to work alongside a diverse team of leaders you also served as officers. I had the privilege to orchestrate a team that loves service just as much as I do. We volunteered with the American Red Cross, passed around

toiletries, hygiene product, and nonperishable food items to the community from the back of an ambulance truck. I lead 8 officers, with weekly meetings to discuss goals for the semester, recruitment, and plans for volunteer opportunities. I assisted with checking in on the officer's academic performance and provided them resources and assistance where needed. I've attended regional and national conventions and connected with other leaders cross the organization to gain more knowledge about improvement opportunities.

Parkland College

Dates:

Attachment:

During my time at Parkland College, I served as a student ambassador. I was able to complete full tours of the college to new incoming freshman students. Myself and 4 other colleagues were able to collaboratively discuss weekly progress goals and work together to ensure a quality college visit for new incoming students.

Community Service

Volunteering at the "Night to Shine" event at First Christian Church of Champaign, IL.

Dates: 02/2022

Attachment:

First Christian Church of Champaign, IL hosted their annual "Night to Shine" event in February of 2022. This event is like a prom night for adults and teens with cognitive and developmental disabilities. I was able to assist with developing the balloon arches, doing makeup for the girls, assisted with passing lunches and dinners, collected trash, and assisted with client monitoring for safety.

Volunteering with the American Red Cross to the Champaign-Urbana community residents

Dates: November 2018

Attachment:

During this volunteer experience, I was able to pass out toiletries, hygiene products, and food to local Champaign-Urbana residents in need. Myself and 8 other colleagues rode on the back of a transformed ambulance truck around the city for 6 hours, in the winter time.

Volunteering with Habitat for Humanity in Danville, IL

Dates: September 2023-October 2023

Attachment:

I had the privilege of serving the Vermillion County community at the Habitat for Humanity Restore in Danville, IL. I was belt to stock shelves, organize departments, and answer customer questions.