

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)
<p>Level of motivation for learning: Client doesn't seem against learning but is not very cooperative with social activities.</p> <p>Barriers to effective learning: None.</p> <p>Health beliefs/values: None stated.</p> <p>Psychosocial development: Client looks of their age. Client follows christian religion but does not attend church gatherings, doesn't like to be in group settings.</p> <p>Cognitive development:</p>	<p>Nursing Diagnosis: Impaired social interaction related to ineffective coping as evidenced by patient stating not wanting to interact with anyone.</p> <p>Goal of Teaching: Patient will show improved mood/coping methods in one month.</p>	<p>Intervention 1: Engage patient in simple mobility tasks, such as taking a daily walk outside ("Major depressive disorder", 2022).</p> <p>Intervention 2: Patient will attend one social activity per week.</p> <p>Intervention 3: Educate patient on interpersonal therapy ("Depression", 2021)</p>	<p>Method 1: PowerPoint.</p> <p>Method 2: Brochure on local therapies.</p>	<p>Discuss how the client/family received the teaching: Client was effectively listening and agreed to involve herself in the activities recommended and kept the brochure to look into therapy.</p> <p>Identify strengths/weaknesses of the client or family in receiving teaching: Weakness would definitely be the impaired ability to be social, especially since the client is not comfortable with current living situations. A strength would be that the patient is very vocal in her opinions and concerns and is willing to cooperate to help in her improved coping.</p>

<p>Cognitive development is good with no difficulty with memory, speaking, or hearing. Patient was alert and oriented to surroundings.</p>				<p>Suggest modifications to improve the teaching plan (what would have improved the plan?):</p>
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References (2) (APA): (5 points)

Depression (Nursing). Europe PMC. (2021, March 25). <https://europepmc.org/article/NBK/nbk568733>

Major depressive disorder nursing diagnosis and nursing care plan. NurseStudy.Net. (2022, December 31). <https://nursestudy.net/major-depressive-disorder-nursing-diagnosis/>