

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: PACU

1. Briefly write about today's experience(s)

Today I was in PACU. This is unit where Patients come out of the OR to. Nurses make sure that the patients maintain or raise vital sign back to baseline, of 20%. I was basically jumping around, I sat in the charge meeting and safety meeting where they inform each other what's going on in the unit and hospital to keep everyone updated.

2. What is one thing you learned?

I learned that children typically wake and recover more fast than adults. So children are taken directly to Phase 2 post.op. This is where IV pain medication transition into oral pain medication. Also, taking temperature, monitors for malignant hyperthermia. CNA waits for blood pressure at drop off.

3. What is one thing you would do differently?

I would go to post op and pre op to just observe more. I was told that the children go straight to post op and there was a couple today that had ear tubes and they don't go deep. I know that blood pressure, oxygen, temperature are monitored in PACU. They would also connect patient to leads.

4. What is your major "take home" from today's clinical experience(s)?

My major "take home" from today's clinical experience is that PACU nurses are an extra check after post op. They make sure that the patient is stable to begin initiating recovery. They also monitor a patient heart rate, and EKG changes. And have a "menu" of PRN medication that are pain, nausea, and reversal. It is up to the nurse to initially judge what is best fit for patient.

5. Is there anything else you would like to mention?

There were two children that had ear tubes surgery. There was a child that receive tonsil surgery. There was a 13 years old that had surgery of their arm. There was a woman who had an incomplete abortion, removing the remainings of a miscarriage to avoid complications of sepsis. There was also, a gentleman that had a right leg I and D.