

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
 - a. The Chrisman Elementary School relates to our Infant, Child, and Adolescent course very well. Visiting an elementary school nurse is relatable to this course as it provides us the exposure to children of all ages without being in an inpatient facility or outpatient clinic setting. Going to a school allows us as students to see different settings and shows us hands-on experience, the opportunity to gain a community health perspective, and provide health education to children. Being able to follow a school nurse allowed me to see and experience a different side of pediatrics, while still learning and broadening my continuing nursing skill set. This showed me the different nursing career opportunities and what a life could look like if one ever wanted to become a school nurse.
2. How were you an engaged nursing professional today?
 - a. During my time at Chrisman Elementary School and also their junior high and high school, I was able to follow Daniele Willour who got her Bachelor's of Science in Nursing at Lakeview College of Nursing. Daniele was incredible. I truly enjoyed my time with her and can certainly say that I gained a better perspective on school nursing. She was very knowledgeable, easy to talk with, and overall had a great outlook and attitude. Throughout the day at the three Chrisman schools, I didn't see a lot, but the few things I did see included, two students getting ADHD medication, one student getting an oral insulin, one student lose a tooth, and one student who fell and scrapped his arm at recess. I was able to see how one would respond and act on the different aspects of the day.
3. How did you contribute to the service provided by the school nurse today?
 - a. There was not much that went on at the school that needed attention or the nurse. One thing I was able to help the nurse with was getting her flyers and hand outs ready for red ribbon week for the elementary school. I was able to help her make copies, make the packets, and hand them out to the students and teachers. The nurse and I helped with lunch duties for the junior high and high school while waiting to do her two medications for two of her students. I was also able to help the nurse help a family that was needing a physical for their child, so the school had one on file.
4. Name 3 ways this clinical site impacts Pediatric health?
 - a. Three ways this clinical site impacts pediatric health include access to food, access to healthcare, and mental and emotional well-being. During my time at Chrisman Elementary school, Daniele stated that there are some families who are lower income and need assistance. The school provides lunch and other services to those families in need. Due to these circumstances, it weighs heavily on the health of the pediatric population at this school. The school is a farm town, in the

middle of nowhere where access to healthcare is limited for some. Needing the proper nutrition is key for the growth and development of young children. Inadequate intake of nutrition can lead to various health issues. The schools have counselor's available for those who have or have had mental and/or emotional issues.

5. What are the health risks of the population served during today's clinical based on your observations today?
 - a. I did not realize how much of an impact a school nurse can have on the community that they are a part of. Some health risks for the population and community of Chrisman include minor injuries, illnesses, medication errors, allergic reactions, and inadequate resources. The school nurse told me that they have had quite a few kids out the past couple weeks with a cold, flu, or stomach virus. It seems that it is that time of year and has started within the schools. Daniele truly prioritizes her student's health and even provides training and education to the staff to manage any risks.
6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
 - a. Nursing Diagnosis: Ineffective health maintenance related to lack of access to resources as evidence by socioeconomic standing.
 - b. Measurable Goal: Help those in need by having a grant or fund through the state to help with the cost for students who need it.
 - c. Nursing Interventions:
 - i. Serve as a liaison between the school, healthcare providers, and families (Phelps, 2020).
 - ii. Nurses can advocate for the right of social policies to promote health equity for their students and families (Phelps, 2020).
 - iii. Support and advise organizational plans to identify and help those in need of assistance (Phelps, 2020).
7. How will your experience during the School Nurse job shadowing impact your Nursing practice?
 - a. I honestly was not sure how to feel about going and shadowing a school nurse. It was never really something I thought I would enjoy, but Daniele was very welcoming and allowed me to follow her around all day to see how it really can be being a school nurse. Daniele was there for every one of her students no matter if they are her frequent flyers as she called them or a student who she rarely comes to her office. I can honestly say that if I ever needed a break from bedside nursing or when I get older and later into my nursing career, being a school nurse would be a great job to have. I am grateful for the opportunity to shadow the Chrisman schools and nurse Daniele.

References

Phelps, L. L. (2020). Spark's & Taylor's nursing diagnosis reference manual (11th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____