

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359).

Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.

1. How does this clinical site relate to the course?

Because it is a pediatric unit, this clinical site is relevant to the course. In relation to the health and well-being of infants, children, and adolescents, this course explores ideas of typical growth and development and nursing care. This student nurse observed a registered nurse (RN) while she evaluated patients, gave treatments and prescriptions, and ran diagnostic tests in the clinical setting. Children are cared for by pediatric nurses who are experts in the field. They also engage with families to address issues and problems and to explain treatment alternatives. They collaborate closely with pediatricians and other medical professionals during the patient's treatment.

2. How were you, an engaged nursing professional today?

I spent most of today watching nurses swab kids and babies for COVID-19, strep, and influenza. I got to observe a well-baby visit in action. The healthcare professional will assess the child's growth and development during this examination to identify or prevent issues. The provider typically keeps track of the child's height, weight, and other vital statistics. Additionally, the nurse student saw the doctor freeze a wart on a teen's hand. We also spent a lot of time sitting down because it was a dull day at the clinic with few appointments and no new patients to visit. Most of the time, the nurses worked at their desks doing paperwork.

3. How did you contribute to the service provided by the clinic nurse today?

I did not contribute to today's services. Sadly, there were few patients at the clinic when I went, but I watched the nurse administer vaccines, collect swabs from sick kids to check for infection, and perform well-baby exams. The student nurse witnessed the registered nurse take vital signs and communicate with kids and their families. Delivering care and teaching parents about the development and growth of their children. Additionally, I learned several therapeutic methods for working with kids, like making them feel at ease, allowing them to get used to you, and involving the parents. These methods will help you develop strong bonds with your patients and their families.

4. Name **3** ways this clinical site impacts Pediatric health?

This medical facility impacts children's health by offering complete physicals and immunizations to keep patients healthy. This clinical site also conducts diagnostic tests to assist patients and parents in identifying or preventing issues in kids. Finally, the clinical site is crucial to pediatric health since it concentrates on kids and how they experience numerous changes as they mature and grow from infancy to adolescence and adulthood. These clinics, where medical professionals and nurses focus on children's health, are crucial since children's bodies do not function like adults. Children's body systems and how they metabolize medications differ greatly from adult patients.

5. What are the health risks of the population served during today's clinical based on your observations today?

Based on my observations today, the health concerns associated with this population include being of school age and attending a daycare or school where sick children are present. Being more prone to infections due to weakened immune systems due to age, growth, and development. Children put their hands in their mouths more often, which increases their risk of contracting an illness. They also spend more time outside on the ground, where they are more likely to come into touch with infectious germs. Due to special healthcare requirements, some children may be more susceptible to illness. A 2-year-old child was also there today, and there was alleged maltreatment/abuse. Although we were not present for this patient's visit, the nurses informed us of it and how DCFS had to be involved. Abuse is a health concern for newborns, kids, and teenagers; therefore, nursing staff must be able to spot the warning signs, speak up for their patients, report it, and get the kids to safety right away.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

This nursing student chose risk for infection because children and babies have weaker immune systems and are more susceptible to infection.

Nursing diagnosis: Risk for infection related to environmental exposure as evidenced by having an immature immune system (Phelps, 2020).

Measurable goal: The patient will receive their Diphtheria, tetanus, and pertussis (Dtap) immunizations at ages two months, four months, six months, 15-18 months, and 4-6 years (Phelps, 2020). This vaccine can help protect children from getting these infections.

Nursing interventions:

- Parents/caregivers will verbalize two infection prevention or risk reduction measures (Phelps, 2020).
- Parents/caregivers will demonstrate a protected environment for the newborn (Phelps, 2020).
- Patients will remain free from infection (Phelps, 2020).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

This nursing student will benefit from this clinical setting when working with kids. Being here taught me that you must establish a trustworthy rapport with all your patients, including your pediatric patients. Paying attention to their needs and giving them a voice is crucial when caring for children. As a result, building that trust with your patients will make it easier to administer pills, shots, or treatments. Being in this clinical setting taught me that as nurses, we must speak out for our patients when we see symptoms of abuse because some children cannot communicate and/or are frightened of a parent or sibling. As a mother and soon-to-be nurse, I feel obligated to protect these children.

References

Phelps, L. L. (2020). *Sparks & Taylor's Nursing Diagnosis Reference Manual*. Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____