

# Module Report

Simulation: HealthAssess 3.0

Module: Abdomen



Individual Name: **Jaidi Davis**

Institution: **Lakeview CON**

Program Type: **BSN**

## Overview Of Most Recent Use

	Date	Time Use	Score
Lesson	10/16/2023	21 min 16 sec	N/A

## Lesson Information:

### Lesson - History:

	Date/Time	Time Use	Total Time Use: 21 min
Lesson	10/16/2023 10:13:07 AM	21 min 16 sec	

This expert chart is intended to assist in evaluating student performance in documentation for this activity. Only the tabs and tables of the chart that warrant entries are included, and the expert responses for comparing against student responses are indicated with bold text.

Tamika Shaw (F)  
**MRN:** 2886677  
**Allergies:** none

**DOB:** 41 years old  
**Height:** 65 in  
**Weight:** 165

**Attending:** Hector Garcia, MD  
**Code Status:** Full code  
**Comments:** none

### Notes

Note time	Note Type	Professional Role
5.0 Minutes after start	Nursing/Clinician Note	Nurse

Reports yesterday's food intake: oatmeal & banana for breakfast; turkey sandwich for lunch; mashed potatoes, sausage, and peas for dinner. Occasionally eats dessert. Typical fluid intake is 2 to 3 24-oz bottles of water daily, and a cup of tea.

### Flowsheet

#### Admission

HH 5.0 Minutes after start

### Home Medication List

Multivitamin                      daily

### Family History

Cancer                                      Family members affected: Grandfather had prostate cancer

### Substance(s) used

Alcohol                                      Wine  
 Amount: 4 glasses/week  
 Would like to quit?:  
 Cessation program offered?:  
 Last glass 2 days ago

## Flowsheet

## Assessment

HH 5.0 Minutes after start

HH 15.0 Minutes after start

**Integumentary**

Skin Color Appropriate for ethnicity

Skin Temperature/Condition Intact

Skin Turgor

Skin Comments No lesions or masses present on abdomen

**Gastrointestinal**

Abdomen Soft, Nontender, Rounded

Bowel Sounds Active

Passing Flatus Yes

Last Bowel Movement 4 Days before start

GI Comment	Typically has a bowel movement 3 times a week, and is "pretty regular otherwise." Flatus increases when she ambulates	Abdomen symmetrical, umbilicus is mid-line and inverted. Denies pain with abdominal palpation.
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**Pain Assessment**

Pain Location Left side of abdomen

Numeric Pain Rating 2

Pain Rating – Faces

Pain Relieved By

Pain Comments	Reports left-sided discomfort rated 1 to 2; describes as "crampy." Pain began yesterday.
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## Patient Education

HH 5.0 Minutes after start

### Learner Assessment

Learner

Patient

Factors Affecting Ability to Learn

Preferred Method of Learning

Learner Assessment Comments

### Patient Education Documentation

Teaching Methods

Explanation – Verbal

Education Note

Recommended exercises like walking, swimming, and sit-ups to reduce constipation.

Learner Response

Evaluation

Patient Ed. Comment