

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359).

**Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to this course by showing how to care for pediatric acute needs and primary visits. This clinical site showed what nurses do and how they intervene in the patient's care. Being in the clinic showed this student nurse how to work with different interprofessional team members to ensure the best care for the patients and their families. The clinic had many immunizations, newborn care, well-child screenings, and treating acute sick kids. This clinical site gave a glimpse into how to educate the families, treat sick kids, and interact with the children and their guardians to ensure they are receiving the best care possible.

2. How were you an engaged nursing professional today?

Today, I was most engaged as a nursing professional by assisting the nurse I was precepting, interacting with the patients and families, and observing the nurse respond to messages and return phone calls to the patient's guardians. I assisted and watched the nurse give immunizations and flu vaccines, and I was able to help calm the children down during and after their vaccines. I learned about different patient care scenarios, how to best respond to guardians concerned about their children, and how to educate the parents on whether they should bring their kids into the clinic to be seen. I also observed how the nurse interacted with the providers and certified medical assistants to ensure that every patient and their families were getting their needs met.

3. How did you contribute to the service provided by the clinic nurse today?

I assisted in calming children down during and after their vaccinations. I also observed the nurse respond and call back the patient's parents regarding their sick kids. I helped the nurse clean up rooms and prepare rooms for the next visit, as, on this particular day, they were short-staffed with medical assistants. I interacted with the patient and their families on post-vaccine administration and signs/symptoms they may see. During my day, we had seen an older school-age child for her flu shot, and this patient was scared of the needle and the pain they would feel with this shot. I was able to calm her down, explain what she may feel, and position her arm in a position that relaxes the muscles so that the pain would be less harmful. Afterward, the patient did not cry and stated that the shot did not hurt.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health by providing prevention and immunizations to the pediatric population to lessen the severity of illnesses the patient may get. Seeing patients routinely allows monitoring of the children to ensure they meet their growth milestones. Another way this clinical site impacts pediatric health is by providing treatment for acute care needs. This includes giving an albuterol treatment to one of the kids who was wheezing and coughing due to an asthma flare-up. This type of care helps the child breathe better and provides acute care. The third way this clinical site impacts pediatric health is by educating parents and guardians on caring for their children. Nurses, providers, and medical assistants can assist in providing education by effectively answering family members' questions and communicating to the provider any deficits that are noticed upon the healthcare visit.

5. What are the health risks of the population served during today's clinical based on your observations today?

The patients came to the clinic for a variety of reasons. There were multiple flu shot appointments, well-baby visits, and kids who were sick and needed treatment. During the four hours I was there, we had about seven patients who needed their flu shots and some who needed booster shots for their MMR and DTaP vaccines. We also had a few patients come in for their yearly school physicals and address any concerns the patient was having. We also had a couple of patients come in for coughing, wheezing, and asthma flare-ups, and in return, the patients got an albuterol nebulizer treatment to help reduce their symptoms.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

**Nursing diagnosis:** Ineffective breathing pattern related to asthma as evidenced by wheezing, coughing, dyspnea, and tachypnea (Phelps, 2020).

**Interventions:** 1) Auscultate lung sounds. 2) Provide calm and relaxed breathing techniques. 3) Administer a bronchodilator (Albuterol) via nebulizer.

**Measurable goal:** This patient will have a decrease in dyspnea, wheezing, coughing, and tachypnea after receiving an albuterol nebulizer treatment in the clinic. The patient should report free of symptoms within five days after getting prescribed at-home nebulizer treatments to aid in acute asthma flare-ups (Phelps, 2020).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice? This clinical experience provided insight into pediatric wellness visits, immunizations, and treating acute needs in children. As a student nurse, I am very interested in working with the pediatric population, and having this clinical benefited me as I was able to see what nurses do in the clinical setting in the care of pediatric patients. I was educated on immunizations, milestones that should be met at different ages, and how to communicate and answer questions from the patient's caregivers. I saw some atraumatic techniques used when giving children immunizations, and I got some tips and tricks on what to do when giving injections. Overall, it was an informative day, and I learned a lot about child screenings, immunizations, and treating acute needs.

## References

Phelps, L. L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11<sup>th</sup> ed.). Wolters Kluwer.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**