

N321 Adult Health I

Clinical Reflection Form

Name: Whisper Brown

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?
 - a. So far clinical has been going very well. I feel like I have been given the opportunity to try new things and see new floors of the hospital that I haven't seen or been able to witness before. I like the way this clinical is set up, so we only have to do one care plan, one concept map, and one teaching plan instead of a care plan every clinical day. I would like to be able to spend more time helping my nurse on days we are on 4 East but with us having to be on the computer so much that usually doesn't work out.

2. What have been good experiences?
 - a. Some good experiences so far this semester has been me being able to see new things and go to new places in the hospital. I have gotten over fears that I had before this clinical and I've gotten to experience things that I never thought I would like, and I did. I've gotten to meet new people and I've gotten to see what kind of things some floors in the hospital do on a daily basis.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?
 - a. Some bad experiences I have had this semester are some of the departments seem like that don't really want a nursing student helping. There have been some instances where the nurses won't let me do a skill or they don't even want to talk to me. I kind of feel like I was a burden to them sometime and I am scared to ask questions or ask to do something due to the fact that they view me as inexperienced.

4. Do you need to talk with anyone in private to discuss clinical?
 - a. As of right now, I do not think I need to talk to anyone in private about a clinical. I am hoping as this semester goes on, I will be able to do more and learn more from nurses that actually want to help a nursing student. I have enjoyed this clinical overall.

5. Is there anything else you would like to mention?
 - a. I do not think there is anything else I need to mention. I think our clinical preceptor is doing a great job and I think this clinical will help me further down the road in choosing my nursing path.