

N321 Adult Health I

Clinical Reflection Form

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

I am feeling decent in clinical so far. My confidence is gradually building with every clinical that passes.

2. What have been good experiences?

I have had the chance to start an IV and successfully got it on the first try. I have helped my preceptor nurse hand out medications once, which went smoothly.

3. Have there been any bad experiences? Could be you're nervous about a skill or communication?

When I went down to the emergency department for the first time, it was a bit of a big question mark. No one really showed me around or explained anything to me. I was supposed to be with this one nurse, but she didn't talk to me or tell me to do anything until near the end of clinical to go to a room and clean it. I wasn't sure where the room was, and I wasn't sure where the cleaning supplies were to clean it. She just expected me to know those things already. I informed her that I wasn't sure where anything was, and she gave me a short and rushed explanation.

4. Do you need to talk with anyone in private to discuss clinical?

No, not at this time.

5. Is there anything else you would like to mention?

I will be glad to get the teaching plan over with so I can focus on more hands-on nursing with my preceptor.