

N321 Adult Health I

Clinical Reflection Form

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

Throughout the first half of clinicals so far in the semester, I have felt very confident throughout the day. There is much I'm able to accomplish, as well as interact with my patients and not be afraid to do nursing interventions.

2. What have been good experiences?

My best experience so far is being able to get through my physical assessment in 5 minutes with thoroughness. I was also able to see a reverse shoulder arthroplasty, which the physician finished in less than an hour and a half.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?

Bad experiences include a patient smoking on the unit with his oxygen in his bed. Besides that instance there hasn't been anything else.

4. Do you need to talk with anyone in private to discuss clinical?

No, I haven't talked to anyone in private to discuss clinical, but I have always asked questions to provide insight to everyone since they might know as well.

5. Is there anything else you would like to mention?

Clinical has been alright so far; I just would like to extend the time and have fewer clinical days through the semester.