

1. How does this activity relate to Population/Global Health?

The Community resource project relates to this class because it highlights how medical expenses are a financial burden and can cause patient stress. This project also shows the importance of case management and how they must find resources within the community for patients. Nurses always critically think about using their resources to provide the best care possible, and this project allows students to try and find resources to use for helping a patient.

2. How were you an engaged nursing professional with this activity?

This project required finding many options the patient needed and comparing the options to help find the less costly and more effective option. This activity allows us students to perform the small role of a case management nurse.

3. How does this activity contribute to the service to the community?

This activity contributes to the community by highlighting the financial struggles caused by healthcare, regardless of income and insurance. This project also required me to become resourceful in providing for a patient from a different perspective. It allowed me to use the community's resources and identify the everyday struggles faced within the community and how to help with the struggles.

4. How does this activity relate to students pursuing the profession of nursing?

The activity allows students to understand patients' other struggles besides their overall health. It allows students to view a different vulnerable side of patients, preparing for the nursing profession. This activity will allow us to provide more empathy when providing care and understand the barriers to properly maintaining treatment methods at home due to financial reasons or inadequate resources.

5. Name 1 way this activity made you more aware of the challenges faced by vulnerable populations.

This project provided insight into why some patients cannot follow instructions and treatment properly. It provided insight that just because the patient may not be able to follow all treatment advice properly, there could be a reason behind that other than noncompliance. After completing this project, as a professional nurse, I will have more patience and empathy for the next patient who does not pick up their prescription or seek appropriate medical attention when needed, causing further problems. Nurses should be aware of the many challenges faced by the vulnerable population and those with chronic health care needs. There are many different aspects of healthcare, such as financial, accessibility, patient care, and insurance. Each aspect of healthcare provides many barriers, which can cause many burdens on patients trying to seek care.

6. What health risks are experienced by the vulnerable populations who do not have adequate health insurance resources?

The risks of the vulnerable population without inadequate health insurance resources can affect their overall health from the financial strain and accessibility to the resources needed. This population may be unable to afford the whole amount of their prescription needed or the number of tests and appointments ordered. In return, these patients may face more healthcare struggles from not adequately treating the initial illness.