

N431 Adult Health II

Clinical Reflection Form

Name: Destiny Bell

Date: 10-2-23

Clinical Rotation Site: Carle PACU

1. Briefly write about today's experience(s)

Today I was able to observe a couple patients post op. I was able to assist the nurse with obtaining vitals on a patient post-hysterectomy and a patient after a hip replacement

2. What is one thing you learned?

I learned to enter patients vital q10-15 minutes

3. What is one thing you would do differently?

I would try to assert myself as much as I could into assisting in the care of patients in the PACU, instead of being shy.

4. What is your major "take home" from today's clinical experience(s)?

my major take home from today's clinical is the importance of monitoring the patients pain and vitals post surgery and anesthesia.

5. Is there anything else you would like to mention?

The nurses were all so kind and helpful.