

1. How does this activity relate to Population/Global Health?

The Community resource project relates to Population/Global Health because it allowed me to view the financial burden that medical expenses create for people, especially a vulnerable population. This project allowed me to learn how to expand my knowledge beyond a classroom/ hospital setting to search for other resources that are available in local communities at a low cost, which stays within a designated budget for a year.

2. How were you an engaged nursing professional with this activity?

This activity allowed me to step into the nursing role of a case manager, to look for alternative methods for patients to receive adequate health care and to receive necessary medical equipment/medication, especially the vulnerable population.

3. How does this activity contribute to the service to the community?

This activity contributes to the service of the community (vulnerable population) because it allowed me to view the struggles that people in the community face related to healthcare. By doing this activity it allowed me to use improvisational methods and skills that a case manager must use to find other appropriate resources for people to provide adequate care to meet individual needs, while still maintaining within the client's budget. This activity let me see that case managers utilize community resources to better serve the community.

4. How does this activity relate to students pursuing the profession of nursing?

This activity can relate to student nurses by allowing them to see the tribulations that many people within the population face. Healthcare is a necessity for many, but many would rather continue to live with the ailment or illness, rather than seek medical treatment because of the financial burden that may ensue with seeking care, judgment from healthcare professionals because of financial and living situations, and other factors such as not having adequate transportation to get to appointments. This was a humbling experience that allowed nursing students to see that there are other methods to provide adequate care, it is about taking the time and effort and going that extra length of being a caring nurse to find them.

5. Name 1 way this activity made you more aware of the challenges faced by vulnerable populations.

This project allowed me to be aware of the challenges faced by the vulnerable population by allowing me to discover that the healthcare system in the United States is unreasonably unaffordable, especially for individuals who do not have health insurance. Due to this obstacle, many vulnerable individuals choose to avoid getting the medical assistance and medications that they need to afford other areas of their lives, such as bills and food.

6. What health risks are experienced by the vulnerable populations who do not have adequate health insurance resources?

The vulnerable population who does not have adequate health insurance is susceptible to many health risks because of the financial strain that the United States healthcare system puts on individuals. Some of these risks include unvaccinated individuals, improper care (not being able to attend follow-up appointments or not being able to get all the labs and testing done to get better), noncompliance with medication depending on cost, and noncompliance with physician's orders depending on cost. All these risks can in turn affect the overall health of the individual long-term because their health can deteriorate which can cause the patient to not heal properly, have a risk for sepsis, or even a risk for death if not treated appropriately.