

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

The clinical site is related to the Infant, Child, and Adolescent Health course by interacting and providing care to pediatric clients who come into the clinic. Engaging with the pediatric client and the parents allowed the student nurse to incorporate what was learned during the lecture, such as pediatric physical assessment. The clients are seen in the client range from infancy to adolescence or early adulthood. The student nurse has assessed the client's stage of Piaget's Theory of cognitive development and Erikson's developmental stages depending on their ages. During the clinical, this student nurse learned that the client's chronological age may not match their cognitive and developmental stages.

2. How were you an engaged nursing professional today?

The student nurse engaged as a nursing professional by engaging in learning and education through the orientation given by the clinic nurse. Other clinic staff also teach the student nurses and share their experiences relevant to the client's care. The nurse gave orientation and a tour of the clinic. Among the education learned was the vaccine schedules from infancy to adolescence. Questions were answered about diseases and illnesses that are common in young children. Additionally, the student nurse engaged with the client and their parents and practiced

building rapport. This student nurse finds caring for the pediatric client difficult due to a lack of experience in a pediatric setting.

3. How did you contribute to the service provided by the clinic nurse today?

The student nurse contributed to the service provided by the clinic nurse by collaborating with the healthcare technician, primary care provider, and other nurses in obtaining initial assessments such as measuring the child's necessary vital signs, head circumference, height, and weight. Medication administration, such as MMR, Varicella, Flu, Dtap vaccines, and other treatments like Fluoride treatment, was also performed by the student nurse under the guidance of the registered nurse. The student nurse also contributed by practicing asking questions to the child's parents about pertinent information about the child's health, such as changes in terms of appropriate developmental changes, physical, cognitive, psychosocial, and nutrition.

4. Name 3 ways this clinical site impacts Pediatric health?

Three ways that the clinical site impacts pediatric health are the detection of early diseases, monitoring these diseases, and making necessary referrals. The medical providers in the clinic, either the health care technician, registered nurses, or the PCP, can detect early signs of diseases by assessing and ordering necessary diagnostic tests. After the client's medical diagnosis, the nurse can create a nursing diagnosis for the client. In some circumstances, the medical provider puts in referrals for the client depending on what they need at the moment. Referrals can include specialists, speech therapy, physical and occupational therapy, Illinois Department of Human Services (IDHS), and many more.

5. What are the health risks of the population served during today's clinical based on your observations today?

Based on the student nurse's observations, the health risks of the population served during today's clinical are financial hardship, potential sexual abuse, and malnutrition. Financial hardship

is a significant factor in noncompliance to seeking medical care in pediatric patients. Changes or loss in insurance result in financial hardship and can also cause the lack of funds to purchase nutritious food, eventually leading to malnutrition. Another health risk are potential abuse and neglect to a child. For instance, a client was brought in for bowel incontinence, as evidenced by dried and fresh stool in the genital area. This situation prompted the nurse to investigate further and potentially have the IDHS involved in the case.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing Diagnosis: Knowledge deficit related to proper nutrition intake as evidenced by weight under defined normal limit for age.

Rationale: The pediatric client may be malnourished because of inadequate consumption of nutrient-rich food.

Measurable Goal: The pediatric client will consume nutrient-rich food three times a day and weight will be within defined limit for age by the time of next visit.

Nursing intervention (3):

1. Teach parents to establish healthy eating habits early in life. High-calorie foods such as sweets should be avoided (Ricci et al., 2020).
2. Teach the client about the nutritional needs of a child, depending on age. For example, A preschool child requires calcium, iron, and dietary fiber in their diet (Ricci et al., 2020).
3. Educate the parents that obesity can be a sign of malnutrition. Daily physical activity is highly encouraged (Ricci et al., 2020).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

The Ambulatory Clinic job shadowing positively impacted this student nurse's nursing practice. The clinical experience provided an opportunity to learn about the pediatric clinic and how the clinic runs. Lessons on relating the clinical experience to the course, engaging and contributing to the care of pediatric clients, and the impact of nursing care on the client's life were taught. Additionally, identifying health risks promotes necessary diagnosis to enrich health and prevent further complications. The most significant impact of this clinical experience is that prevention is key. Prevention can be done through education offered to the clients or the client's parents and detection of early diseases before it progresses.

References

Ricci, S., Kyle, T., & Carman, S. (2020). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____