N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. **How does this clinical site relate to the course?**

   This clinical site relates to the course by showing how different pediatric care is compared to care for adults. In this clinical sight, there are many things that you must do differently that you would not account for with adults. For example, in this clinical sight, it is important that you have different communication strategies with children. They may not always want to take their medication, so it is important to let the child know why it is important to take the medication in a way they would best understand it. Overall, this clinical site just proved that pediatric care is much more different than adult care.

2. **How were you an engaged nursing professional today?**

   During my time with the school nurse today, I helped her care for the different students as well as learned what she does on a day-to-day basis. There were many students who came into the nurse's office today for various reasons. Some kids came in to get an ice pack for some sore spots on their bodies. the nurse and I inspected the students to ensure they had no other prominent problems. I also discussed what the nurse does daily when no students enter her office. I learned that there is a lot of paperwork regarding the children's immunizations and allergies.

3. **How did you contribute to the service provided by the school nurse today?**

   Today, I helped the nurse by helping her examine different students who came in throughout the day and giving medications out to various students. As I mentioned before, there were a couple of students who came in for an ice pack, and I helped the nurse with inspecting them for other problems. There were also many students who came in for medication around lunchtime, and I helped the nurse get the different medications out and get the right dosage for each child. There was also a student who came in for a burn on his hand from welding class. The nurse and I helped clean the burn as well as wrap it up to make sure the wound did not get anything inside it.

4. **Name 3 ways this clinical site impacts Pediatric health?**

   One way this clinical site impacts pediatric health is by making children get proper immunizations. In order for kids to come to school, they must get certain immunizations. Even though kids should get these immunizations anyway, having schools mandate them helps even more. The second way this clinical sight impacts pediatric health is by administering

medications. By having a nurse at the school, children are ensured to get the medication they need when they need it. And the third way this clinical site impacts pediatric health is by just having a nurse at the school. By having a nurse at the school, children's health questions and concerns can be answered quickly, and action can also be taken quickly for health emergencies.

5. **What are the health risks of the population served during today's clinical based on your observations today?**

There were many different health risks that were served during my time with the school nurse. One of them was a suspicion of head lice. A student came in at the beginning of the day and did not know if he had head lice still. He previously had it and did not know if it was all the way gone, so he wanted the nurse to check for him. After further inspection by the nurse and I, we found that the student had many dead eggs and dandruff, but the head lice was gone. The only other real problems that were dealt with today were giving students their medications for diabetes and mental health disorders.

6. **Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.**

Risk for self-care deficit related to poor hygiene as evidenced by head lice. The reasoning for this diagnosis is that the patient did not appear to be well groomed, with very messy hair, and had a history of head lice with dandruff and dead lice eggs still in his hair. A measurable goal for this student would be to learn the importance of self-care and start to bathe daily. One nursing intervention is to teach the child and parents the importance of bathing. Another nursing intervention is assessing the child's cognitive and functional levels for possible developmental delay. The last nursing intervention would be to send the student home with proper bathing supplies such as soaps and antidandruff shampoos (Sparks & Taylor, 2020).

7. **How will your experience during the School Nurse job shadowing impact your Nursing practice?**

I think that the biggest impact this clinical site had on me would be how to communicate with children better. When dealing with children, it is important to alter your communication a little so the child can better understand you and not be intimidated by you. For example, it is important to explain the importance of medications in a way that a child can understand it rather than using a bunch of medical jargon that would be difficult for a child to comprehend. It is also important to change your tone with children because you want to build a trusting relationship with the child. Kids are usually nervous when having to see the nurse, so it is important to talk to the child in a calm manner to build trust with them.

References

Sparks & Taylors, (2020). *Nursing diagnosis reference manual* (11th ed.). Linda Lee Phelps

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? *Total Weight- 10 points*	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. ==Must use 1 scholarly reference (published within the last 5 years)== *Total Weight- 10 points*	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone. - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. *Total Weight- 5 points*	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____