

## N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical is related to the pediatric course as it expands into treating acute symptoms. Kids with various symptoms come to the school nurse to see what they can have to feel better. As the school nurse, you must provide medical intervention and apply what is appropriate to help the student. In this school, there are a few students with type 1 diabetes. The school nurse must be aware and educated on what to do if a student's blood sugar is high or low, how to count calories, how to test for ketones in the urine, and how to administer insulin if needed. Knowing these types of symptoms and interventions relates to what is being taught in the pediatric course.

2. How were you an engaged nursing professional today?

Today, I assisted the school nurse with seeing students as they came into the office for various issues. I listened to lung sounds, did a ketone check in urine, and assisted kids who were feeling sick or nauseous. I got to provide interventions for students and help them feel better so that they could continue their school day. I looked at doctor's orders and prescriptions to see what students take during school hours. I also assisted the nurse in researching diabetes and how to work a Dexcom, as the nurse was unfamiliar with the student's Dexcom. I learned that from the Dexcom, it would not read blood sugars over 600.

3. How did you contribute to the service provided by the school nurse today?

I did a lot today with the school nurse, and was very hands-on. The nurse let me educate students and utilize my knowledge and experience to intervene and help the children. I helped a child calm down after falling off a playground structure and taught her breathing techniques to calm down. I also gave medicine to a child in pain after a motorcycle accident. I dealt a lot with kids with upset stomachs and nausea, so I gave them peppermints to help settle their stomachs. I also checked a student's urine for ketones as she was a type one diabetic experiencing high blood sugar.

4. Name 3 ways this clinical site impacts Pediatric health?

One way this clinical site impacts pediatric health is by providing care for acute needs that need to be treated on the spot. Kids coming in with upset stomachs, needing a band-aid, providing ice, or assessing a kid fall into that acute care category. Another way this clinical site impacts pediatric health is by managing students who have different disorders/diseases. This consists of providing management and care to children with type one diabetes. The third way this clinical site impacts pediatric health is by ensuring that a nurse is on school grounds, educated, and can intervene in a medical emergency. Teachers and educators do not have a medical background. They are not educated on what to do in certain medical situations, so having a nurse on stand-by can facilitate a more relaxed and safe medical treatment.

5. What are the health risks of the population served during today's clinical based on your observations today?

Various health risks today were presented in the school nurse's office. A student came in with high blood sugar and felt nauseous as her blood sugar rapidly dropped. To intervene, we provided her with a space to rest while her blood sugars came down. A student with a wart-like pimple on her hand was causing her pain and required ointment and a band-aide. Another student came in for bleeding that reoccurred after losing his tooth; to treat it, he was given gauze to apply pressure to stop the bleeding. There were various other conditions students came in for, like nausea, falls, and minor scratches that needed a new band-aide.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

**Nursing diagnosis:** Risk for infection related to abrasion on left knee as evidenced by bleeding, swelling on knee, and student complaining of "burning" near the abrasion (Phelps, 2020).

**Interventions:** 1) Clean wound with peroxide. 2) Apply ointment and cover with band aide. 3) Provide ice pack to reduce swelling in knee.

**Measurable goal:** The student will have a decrease of swelling in knee, no complaints of burning near abrasion, and will report signs of no infection after one week (Phelps, 2020).

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

This experience of shadowing the school nurse will significantly impact my future nursing career and practice. It has given me insight into school-age children and how to care for their acute needs. It was a pleasant experience and made me feel more confident about intervening and treating the student's acute medical needs. Being allowed to make decisions and figuring out how to treat student's concerns appropriately made me utilize my critical thinking skills and support my decisions on what I was doing to help the child under the supervision of the school nurse. Overall, having this clinical made me feel more confident in communicating with children and intervening with their medical needs.

## References

Phelps, L. L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11<sup>th</sup> ed.). Wolters Kluwer.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**