

N314 Nursing Philosophy Paper

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The nursing metaparadigm is the way you approach nursing. It uses all the elements of an individual, the surrounding environment, their health, and the nursing profession. It is the way you care for an individual patient.

The nursing metaparadigm has four main components. The first one being the person. The person's spirituality, culture, family, friends, and their socioeconomic status. The second component is environment. That includes a few different things. It can be visitors that the patients themselves have in their day-to-day life. It also can do with their surroundings such as where and how they live. The third component is the health of a patient. The quality of life they have and the wellness. The fourth and final component of the metaparadigm is the nursing component itself. This is the nurse and how the nurse uses their knowledge and skills when they are taking care of their patients.

My personal belief on nursing is that a nurse should do everything they can to for their patients. They should always take care of their patients no matter what the circumstances. Sometimes your morals and beliefs are not the same as everyone else's beliefs but, you cannot let that change the way you care for a patient or your attitude toward them. You must let those things go and not think of them so you can provide the best care you can for everyone. You should always be patient, kind, and courteous.

I think my personal beliefs will help me as a nurse. I think it will make me a better nurse. I will always be the best nurse I can be. I will treat everyone with the same respect and kindness. I will make sure that my patients have everything they need. I will also make sure that they are

advocated for. That they will be treated fairly by everyone and that their needs are not pushed aside or overlooked.

I see myself in 2030 working in my hometown doctor's office taking care of all my friends and family. I want to be a nurse at the office my daughter and I both attend at. That's right in our town so I can always be close to my daughter, and she can stay at the school she loves. I plan to work at the hospital on the weekends somewhere in the mother baby area. So, I can get my foot in the door to do NICU. My overall goal is to take care of all the little babies. I would love to help babies and their families in any of the awful and scary situations that can happen and become reality so quickly for some. As a NICU baby mother myself this has been a dream of mine since then.

APA reference page

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