

N431 Adult Health II

Clinical Reflection Form

Name: Makynzie Wagner

Date: 9/18/2023

Clinical Rotation Site: Carle Foundation Hospital PACU

1. Briefly write about today's experience(s)
 - a. I saw multiple patient's who received a variety of surgeries. I observed 7 different nurses caring for patient's post-operatively, while preparing them to be moved to Phase 2 of recovery. I observed the nurses be quick on their feet with intervention measures if needed, without "panic", if a patient's blood pressure dropped or their temperature wouldn't rise. I observed the nurses utilizing interventions such as suction, warm blankets, warm fluids, and abdominal splinting while coughing. After my time in the PACU, it has greatly impacted my viewpoint of where I want to work post-graduation!!

2. What is one thing you learned?
 - a. During my time in the PACU, I was able to watch multiple nurses care for the patients post-op. Depending on the surgery that was performed, would depend on what assessments were performed. However, each patient's vitals were assessed, along with neuro status once waking up from anesthesia.

3. What is one thing you would do differently?
 - a. I wouldn't change my experience. During my time in the PACU, there were a few times where all patients were either in surgery or had moved to Phase 2. I could have utilized this time to look over heart strips or study for an exam, as my nurse had nothing new to teach at that time.

4. What is your major "take home" from today's clinical experience(s)?
 - a. In the PACU, you can see a wide variety of patients who received any type of surgery, except for open-heart patients and majority of pediatric patients. I enjoyed the aspect of caring for multiple patients, but a quick turn around time before getting a new patient.

5. Is there anything else you would like to mention?
 - a. I thoroughly enjoyed the staff in PACU. The atmosphere was fun and inviting. I would love to work in PACU post-graduation!