

# Antisocial Personality Disorder

(Also known as ASPD)

## References:

American Psychiatric Association. (2022). *Antisocial Personality Disorder: Often Overlooked and Untreated*. American Psychiatric Association. <https://www.psychiatry.org/news-room/apa-blogs/antisocial-personality-disorder-often-overlooked#:~:text=It%20is%20estimated%20to%20affect,common%20among%20men%20than%20women.&text=Individuals%20with%20antisocial%20personality%20disorder,disorder%20or%20substance%20use%20disorders.>

Mayo Clinic. (2019). *Antisocial personality disorder-symptoms and causes*. Mayo Clinic. <https://www.mayoclinic.org/diseases-conditions/antisocial-personality-disorder/symptoms-causes/syc-20353928>

- Videbeck, S. (2023). *Psychiatric-mental health nursing* (9th ed.). Wolters Kluwer.

- Estimated .6% to 3.6% of adults experience antisocial personality disorder.
- Antisocial personality disorder is three times more common in men than women. (3% of men, 1% of women)

- Engaging in criminal behavior or not following rules.
- Being hostile, aggressive, violent, or threatening to others.
- Feeling no guilt about harming others.
- Engaging in dangerous activities without expressing regard for the safety of their self or others.
- Struggling with responsibilities including the ability to fulfill work or financial responsibilities.

disorder.



## Treatments

ASPD can be challenging to form a treatment plan. Suggested treatment options include following a treatment plan and close follow-up over time. Each treatment option may depend on the patient and their symptoms as well as their willingness to participate.

**Suggested in treatment plan:** Psychotherapy may be used in the treatment plan which can contain anger/violence management, substance abuse treatment, and overall treatment for other mental health conditions. Focusing on Aaron Beck's Cognitive behavioral theory by utilizing the knowledge that the client's thoughts and feelings determine the client's behavior and helps to determine the severity of the disorder in that moment and in the future.

**Medications:** There are forms of medications that may be provided to assist with symptoms. There are no FDA approved medications for ASPD, but there may be medications prescribed