

SMART GOALS

Basic Health Assessment

S

I hope to accomplish the confidence to talk and assess a patient correctly

I will measure this goal by utilizing lab time to practice my skills and complete all of the assignments regarding the health assessment

M

A

I will achieve this goal by practicing the skills regarding the health assessment. I will also keep track of the skills and my assignments in an excel sheet.

This goal will allow me to be confident in my ability to assess a patient and be comfortable in the position of a nurse

R

T

I hope to achieve this goal by the end of October