Individual Performance Profile

RN Stress and Coping: Generalized Anxiety Disorder 3.0 Case Study Test

Individual Name:	**JESSICA A WARREN**	**Individual Score:**	**80.0%**
Student Number:	**7565966**	Practice Time:	**1 min**
Institution:	**Lakeview CON**		
Program Type:	**BSN**		
Test Date:	**9/6/2023**		

Individual Performance in the Major Content Areas

Sub-Scale	# Items	# Points	Individual Score	Individual Score (% Correct) 1 10 20 30 40 50 60 70 80 90 100
Stress and coping	4	4	75.0%	▲
Teaching and learning/patient education	1	1	100.0%	▲

Topics To Review

Stress and coping (1 item)

Generalized anxiety disorder (1 item)

Client Assessment: Expected Findings for a Client Who Has Anxiety

Outcomes

Nursing Process	No of Points	Individual Score	Description
RN Assessment	2	50.0%	The assessment step of the nursing process involves application of nursing knowledge to the collection, organization, validation and documentation of data about a client's health status. The nurse focuses on the client's response to a specific health problem including the client's health beliefs and practices. The nurse thinks critically to perform a comprehensive assessment of subjective and objective information. Nurses must have excellent communication and assessment skills in order to plan client care.
RN Implementation/Therapeutic Nursing Intervention	3	100.0%	The implementation step of the nursing process involves the nurse's ability to apply nursing knowledge to implement interventions to assist a client to promote, maintain, or restore his health. The nurse uses problem-solving skills, clinical judgment, and critical thinking when using interpersonal and technical skills to provide client care. During this step the nurse will also delegate and supervise care and document the care and the client's response.

Thinking Skills	No of Points	Individual Score	Description
Foundational Thinking	1	0.0%	The ability to comprehend information and concepts. Incorporates Blooms Taxonomy categories of Remembering and Understanding.
Clinical Application	4	100.0%	The ability to apply nursing knowledge to a clinical situation. Incorporates Blooms Taxonomy category of Applying.

NCLEX®	No of Points	Individual Score	Description
RN Safety and Infection Control	1	100.0%	The nurse uses preventive safety measures to promote the health and well-being of clients, significant others, and members of the health care team.
RN Psychosocial Integrity	2	50.0%	The nurse directs nursing care to promote and support the emotional, mental and social well-being of clients and significant others.
RN Pharmacological and Parenteral Therapies	2	100.0%	The nurse administers, monitors and evaluates pharmacological and parenteral therapy.

Clinical Areas	No of Points	Individual Score	Description
Mental Health	5	80.0%	Ability to apply nursing knowledge to the care of clients with mental health disorders. Topics include foundational mental health concepts (e.g., therapeutic communication, therapeutic milieu, legal/ethical issues), care of clients experiencing psychobiologic disorders or psychiatric emergencies, and care of clients receiving traditional nonpharmacological and psychopharmacological therapies.

QSEN	No of Points	Individual Score	Description
Safety	1	100.0%	The minimization of risk factors that could cause injury or harm while promoting quality care and maintaining a secure environment for clients, self, and others.
Patient-Centered Care	1	100.0%	The provision of caring and compassionate, culturally sensitive care that is based on a patient's physiological, psychological, sociological, spiritual, and cultural needs, preferences, and values.
Evidence Based Practice	3	66.7%	The use of current knowledge from research and other credible sources to make clinical judgments and provide client-centered care.

NLN Competency	No of Points	Individual Score	Description
Human Flourishing	1	100.0%	Human flourishing is reflected in patient care that demonstrates respect for diversity, approaches patients in a holistic and patient-centered manner, and uses advocacy to enhance their health and well-being.
Nursing Judgment	4	75.0%	Nursing judgment involves the use of critical thinking and decision making skills when making clinical judgments that promote safe, quality patient care.

BSN Essentials	No of Points	Individual Score	Description
Scholarship for Evidence-Based Practice	3	66.7%	The need for nurses to be able to understand the research process and base practice and clinical judgments upon fact-based evidence to enhance patient outcomes.
Clinical Prevention and Population Health	2	100.0%	The need for nurses to be able to identify health related risk factors and facilitate behaviors that support health promotion, and disease and injury prevention, while providing population-focused care that is based on principles of epidemiology and promotes social justice.

Clinical Judgment	No of Points	Individual Score	Description
Recognize Cues	2	50.0%	Filter information from different sources (i.e., signs, symptoms, health history, environment). Identify relevant information related to the client's condition. Use knowledge, experience and evidence to assess clients. Use verbal, nonverbal, written, and electronic modes of communication. Recognize relevant subjective/objective client data. Identify subtle and apparent changes in client condition and related factors.
Take Actions	3	100.0%	Implement appropriate interventions based on nursing knowledge, priorities of care, and planned outcomes to promote, maintain, or restore a client's health. Promptly and accurately perform nursing actions based on prioritized client problems. Implement a plan of care in collaboration with members of the interprofessional health care team. Implement a plan of care in collaboration with the client and care partners. Accurately document client care data and information. Incorporate client preferences and needs when performing nursing actions. Provide education to the client and/or care partner(s) regarding their health condition and care management. Participate in coordination of care with the client and healthcare team. Monitor the client's response to interventions.

AACN Essentials	No of Points	Individual Score	Description
Knowledge for Nursing Practice	1	100.0%	Integration, translation, and application of established and evolving disciplinary nursing knowledge and ways of knowing, as well as knowledge from other disciplines, including a foundation in liberal arts and natural and social sciences. This distinguishes the practice of professional nursing and forms the basis for clinical judgment and innovation in nursing practice.
Scholarship for the Nursing Discipline	4	75.0%	The generation, synthesis, translation, application, and dissemination of nursing knowledge to improve health and transform health care.