

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to the course by illustrating many of the more fundamental, less acute pediatric care settings as taught in the lecture. With that said, this facility also offers more acute care, though the primary focus of this office seems to be primary care. What this means in terms of pediatrics, at least as seen today, is immunizations, well child screenings, newborn care, and acute care. This gives a glimpse into what it is like to apply theory to the real-world setting, demonstrating ways to interact with the patients and their families in order to provide the best possible care.

2. How were you an engaged nursing professional today?

Today, this student nurse was most engaged as a nursing professional while directly conversing or interacting with the patients, their parents, and other family members. This student nurse assisted the CMAs by gathering vital signs, height, and weight before rooming the patient and their family. This student nurse also helped both the CMAs and the RN with giving vaccinations. While the CMA/RN prepared the vaccine and other supplies, this student nurse spoke to the patient and family as a means of distraction by providing a positive stimulus. After changing focus to spend more time with the RN, this student nurse discussed patient care, triaging, and how to respond to parents concerned about bringing their child into the clinic.

3. How did you contribute to the service provided by the clinic nurse today?

As discussed in the previous question, this student nurse assisted the CMAs and RN by helping streamline their triage process. Later, as patients began to leave, this student nurse also helped keep the process moving by preparing rooms for the next visit and rooming the following patient. When patients were nervous about the vaccine and refused to listen to the CMA/RN, this student nurse helped keep the patient still and/or distracted during the process. During one specific instance, the patient changed from screaming/crying before the vaccine to laughing both during and after the vaccine. This patient is a frequent visitor to the clinic, and the CMA noted that this patient is not usually so responsive to distraction. The CMA noted that this was, in her opinion, one of the smoothest visits she has had with this patient.

4. Name 3 ways this clinical site impacts Pediatric health?

One way this clinical site impacts pediatric health is by providing for acute health needs, such as the cryogenic removal of plantar warts. This type of care treats a patient's present condition intending to solve the problem during the visit or by sending the patient home, with recovery occurring within several days. Another way this clinical site impacts pediatric health is through prevention. By seeing patients routinely, providers, nurses, and CMAs can better note a patient's baseline and more quickly realize changes to this baseline that may indicate a potential health problem. This allows for intervention

before the given condition develops into a multifactorial or uncontrolled illness, such as the unaware patient with DM developing diabetic ketoacidosis. A third way this clinical site impacts pediatric health is by educating caretakers on how to care for children. Providers, nurses, and CMAs engage the health visits by treating both the patient and the family, which may involve education or re-orientation. This may be done by the caretaker asking questions or by the faculty noticing a care deficit and seeking to remediate this with change.

5. What are the health risks of the population served during today's clinical based on your observations today?

The patients in the clinic today came in for a very large variety of reasons. The first patients to the clinic this morning were an infant not tolerating feedings and his pregnant mother suffering from the effects of pre-eclampsia. The pediatric patient was breastfeeding, though he only tolerated "a few ounces, if even that," of his mother's breastmilk before coughing, forcibly vomiting, and refusing to continue eating. This patient had not previously had an issue with feedings, which concerned the mother. As the clinic visit wrapped up, the mother nearly fainted and later broke down in tears. She stated that the medications she is prescribed for pre-eclampsia either completely drain her energy or make her blood pressure rise through the roof. She has become completely dependent on her mother—who was also present at the visit—and is concerned about how she will care for her children once the second one is born. The patient's MD requested the RN to phone a midwife at Carle Foundation Hospital so that the mother could be seen ASAP because the MD feared her condition would rapidly deteriorate if she was not seen promptly. He requested they stay until he could confirm with the midwife that the mother could be seen that day. This provides a clear example of how office visits require treatment of both the patient and the family. Other patients in the office today include those with plantar warts, lice, phimosis, and an infected circumcision site.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing Diagnosis: Imbalanced nutrition: less than body requirements related to insufficient dietary intake and vomiting, as evidenced by the inability to ingest food (Phelps, 2020).

Interventions: 1. Obtain daily weight at the same time each day at home if possible, or revisit the clinic in one week and two weeks to monitor weight change. 2. Monitor intake and output to directly note how much fluid/nutrition is lost. 3. Manage the underlying cause/condition responsible for the vomiting.

Measurable Goal: The patient will show no signs of weight loss or malnutrition during the upcoming weight measurements for the next two weeks. The patient will gain approximately 10 grams every day for the duration of this monitoring period. This is the expected weight gain for pediatric patients between 6 and 12 months (Nichols, 2023).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

This student nurse works in the emergency department (ED) at Sarah Bush Lincoln Health Center in Mattoon, Illinois, and the ED is often partially a clinic during the day, though especially at night. This clinic experience provides more examples of health visits that are not necessarily life-and-death but are either minorly acute or chronic health issues. Additionally, although this student nurse has more exposure to pediatric patients than other CNAs in the hospital, he still does not feel fully prepared to provide care to these patients, so increased exposure to these patients and their families is always a good experience. Lastly, this student nurse will remember to always treat the patient and the family, thanks in part to the mother with pre-eclampsia.

References

Nichols, J. (2023). *Normal growth patterns in infants and prepubertal children*. Up-to-Date. Retrieved July 19, 2023, from <https://www.uptodate.com/contents/normal-growth-patterns-in-infants-and-prepubertal-children>

Phelps, L. L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper

50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____