

Culture Report

The Spanish-speaking nations of North America, Central America, South America, and the Caribbean are the origin of Latin American culture. There are several indigenous civilizations in Latin America. Aztecs in Mexico, Mayans in Central America, and Incas in Peru are a few instances of these indigenous cultures (Dominguez, 2021). The Conquistadors engaged with these cultures despite the horrifying fact that they devastated and exterminated most of them. They created a brand-new culture that was unique (Dominguez, 2021). Important facets of the Catholic faith, such as the sect devoted to the mother of Jesus, rose to prominence in the region because the native peoples embraced religious leaders who backed their fundamental beliefs (Dominguez, 2021). According to (*U.S. Census Bureau QuickFacts: Champaign County, Illinois*, n.d.), the Hispanic population in Champaign is currently 6.6 percent.

Various labor and delivery-related myths are prevalent in Latin American society. For instance, many mothers desire drug-free vaginal births. Additionally, it is thought that all cravings should be sated throughout pregnancy and that drinking hot chocolate helps promote the formation of breast milk. Depending on what region of the continent people are in, there are many different cuisines, but they all share corn as the foundation of their cuisine (Dominguez, 2021).

Families are incredibly close-knit and persistent in Latino culture, which applies to both direct and extended families (Cann, 2022). According to conventional family dynamics, the husband is the family's only provider and decision-maker (Cann, 2022). In Latin American society, family values play a significant role in valuing elders. In place of "Sir" and "Ma'am," elders are typically addressed as "don," "Dona," "Senor," or "Senora" (Cann, 2022). Family and

religious values are paramount in Latin American society regarding labor, delivery, and postpartum.

References

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