

N431 Adult Health II

Clinical Reflection Form

Name: Zach Lensink

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Clinical Rotation Site:

1. Briefly write about today's experience(s)

Today, Eli and I were in the ICU. We witnessed a respiratory arrest and intubation. We then watched the CT scan and ICU admission process. I inserted a Foley catheter as well.

2. What is one thing you learned?

To use a penlight when inserting a urinary cath to better visualize the female anatomy

3. What is one thing you would do differently?

I would have used different sterile gloves that fit better when inserting the cath

4. What is your major "take home" from today's clinical experience(s)?

Comfort care is very low intentionally, but can be intense when interacting with family

5. Is there anything else you would like to mention?

The penlight trick is brilliant, and I will take that w/ me when I become a nurse