

N431 Adult Health II

Clinical Reflection Form

Name: Jayda Davis

Date: 7/7/23

Clinical Rotation Site: Emergency room

1. Briefly write about today's experience(s)

Today, I witnessed some psychiatric patients, a stroke, and diabetic ketoacidosis. I performed a lot of EKGs and attempted to start an IV. I also gave medication, collected urine samples, and watched a patient be prepped by flight nurses to be transported to another hospital.

2. What is one thing you learned?

I learned about diabetic ketoacidosis (DKA) and interventions done when someone is in DKA. I did not know that the smell of DKA is very potent and very fruity/foul-smelling, so that was a learning point for me. I got to see what tests and medications they would give this patient, and I learned how to care for someone with DKA.

3. What is one thing you would do differently?

I wish I could have gotten more involved in patient care. I did a lot of EKGs and urine cultures, but it got busy in the afternoon, so it was hard to focus on what was happening to the patients I helped with. I felt like everyone was running crazy, and it was difficult to focus on just one or two patients as I was being pulled everywhere to help the nurses.

4. What is your major "take home" from today's clinical experience(s)?

I learned more about a stroke and saw what happens during a code stroke. I also got to get more insight on diabetic ketoacidosis. I also watched one of the nurses calm down a psych patient and use therapeutic communication to get the patient to comply and settle down.

5. Is there anything else you would like to mention?

Even though it was a slow start to the day, I learned a lot during my clinical rotation in the ER. I feel less scared to go to the ER and more confident in myself when being in a fast-paced environment.