

N433 - Developmental Observation Debriefing Journal

After observing at the YMCA Summer Camp, complete the following questions. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Saturday @ 2359).

You must include at least one (1) scholarly source within the last five (5) years in at least one of the questions. This source must be properly cited with in-text citations and the full citation must be provided in APA format. **The total word count for this assignment is to be no less than 100 words per question** (this only applies to the content of your answers, not the questions or citations).

1. What age groups did you observe today? Which of Erikson's stages does this age group fit in? Give two (2) examples of behaviors would you expect from this age group. What behaviors did you observe?
 - a. The age group this student nurse observed today was the ages of 4-6. These children are in Erickson's stages of initiative vs. guilt and industry vs. inferiority. In initiative vs. guilt, the children can be expected to want to try new things and experiment socially with other children. Children in the industry vs. inferiority can be expected to try and feel useful and develop a sense of self-worth (Cherry, 2022). For this group, there were various children in different stages of development. The younger children were working together, playing games, and stacking Legos. The older children were helping the staff pass out lunches to the younger children; they were more interested in socializing with the staff.
2. Which of Piaget's stages does this age group fit in? Give two (2) examples of behaviors would you expect from this age group. What behaviors did you observe? Give two (2) examples of vocalization of this age group.
 - a. In the group, this student nurse observed, the children were all in the preoperational stage of development. Examples of behavior expressed by this group include pretend play and discussing events that have happened in the past. Both behaviors were expressed during the day. The children were acting like their favorite animals. They also talked about an event they had all experienced the day before. The children were constantly asking for new things to do; they wanted to go to the pool, the playground, and the classroom. These children were teasing the staff by continuing to say curse words, even though they knew they were not supposed to say them.
3. What are some potential health risks (short-term and/or long-term) for the children you observed today?
 - a. One of the potential health risks that these children were exposed to today was viral infections. These children are close to one another, and they are all touching and passing around the toys that are not being cleaned. They were also eating their lunches on the tables they had been playing on and touching all day. Another potential health risk is the risk of drowning. Some of the children could not touch

the pool at the YMCA, and some of the children could have been better swimmers. The third health risk they were exposed to is heat exhaustion. The temperature outside was about 90 degrees, and it was very hot in the sun. Extended periods in the sun could lead to heat exhaustion.

4. Choose one of the health risks identified in the above question and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal (SMART), and at least three nursing interventions to achieve this goal.
 - a. Nursing diagnosis: Risk for infection related to increased viral and bacterial exposure as evidenced by lack of cleaning of surfaces and lack of proper hand hygiene (Phelps, 2020).
 - b. Measurable Goal: There will not be any children with infections acquired from the YMCA for two weeks.
 - c. Intervention 1: Have the clients wash their hands before eating and after coming in from the outdoors.
 - d. Intervention 2: Clean all the commonly used surfaces three to four times per day.
 - e. Intervention 3: Teach the children about good handwashing technique and factors that increase infection risk.
5. How will the knowledge gained during this observation influence your nursing practice?
 - a. This experience has given this student nurse more insight into the varying degrees of discipline children have received from their parents. It can be tough to tell a child to do something when they can do whatever they want at home. Every child is different, and some will listen to nurses more than others. It takes time for children to warm up to new people, so give it time when meeting a child for the first time. Sometimes it can be helpful to be one-on-one with children acting out; they get distracted by their peers. It can be tough to get the attention of a child distracted by their peers.

References

Cherry, Kendra. (2022, August 3). *Understanding Erikson's stages of psychosocial development*.

Verywell Mind. <https://www.verywellmind.com/erik-eriksons-stages-of-psychosocial-development-2795740>

Phelps, L. L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11th ed.). Wolters

Kluwer.

Debriefing Journal Rubric

Minimum Words: 100 per question/ 50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete Total Weight- 5 points	- Content is incomplete. - Major points are not clear and /or persuasive Weight-1 point	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. Weight- 3 points	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. Weight- 5 points
Critique of experience-Evaluation and Rationale for your comments Total Weight- 10 points	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments Weight- 1 point	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments Weight- 5 points	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments Weight- 10 points
Thoughtful Reflection- How will this affect your practice, or will it? Total Points- 10 points	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. Weight- 1 point	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. Weight-5 points	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. Weight-10 points
APA Format Correct spelling/Grammar. Must use 1 scholarly reference (published within the last 5 years) Total Weight- 10 points	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. Weight- 1 point	- Inappropriate APA format. - Paper contains a few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. Weight- 5 points	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. Weight- 10 points
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. Total Weight- 10 points	ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate. Weight- 1 point	- ND is accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate. Weight- 5 points	- ND is accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. Weight- 10 points
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. Total Weight- 5 points	- Paper submitted to dropbox or discussion board late. Weight- 1 point		- Paper submitted to dropbox on time. Weight- 5 points

Total Points _____