N433 - Developmental Observation Debriefing Journal

After observing at the YMCA Summer Camp, complete the following questions. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Saturday @ 2359). **You must include at least one (1) scholarly source within the last five (5) years in at least one of the questions.** This source must be properly cited with in-text citations and the full citation must be provided in APA format. **The total word count for this assignment is to be no less than 100 words per question** (this only applies to the content of your answers, not the questions or citations).

1. What age groups did you observe today? Which of Erikson's stages does this age group fit in? Give two (2) examples of behaviors would you expect from this age group. What behaviors did you observe?

- This nursing student observed the red group today at the YMCA. The red team includes children aged from 4 - 7. According to Erikson's stage, these children are in the Initiative vs. Guilt stage and Industry vs. Inferiority stage (American Psychological Association, 2019). Initiative vs. Guilt, they discover the value of social acceptance as well. They begin to understand that not everyone will agree with all they wish to accomplish. Children are expected to become more competitive during the Industry vs. Inferiority stage. They aspire to do feats that their peers can. They pick up reading, writing, math, and sports skills. They do this to justify their competence by comparing themselves to their peers. They are proud and self-assured when they perform tasks on par with their peers. They feel inadequate if they fall short. They follow what their peers are doing. The children sat there colored, watched movies, read, and played at the playing ground with their peers. Many children want things immediately, so there was much teaching on waiting for their turn and reassuring them.

2. Which of Piaget's stages does this age group fit in? Give two (2) examples of behaviors would you expect from this age group. What behaviors did you observe? Give two (2) examples of vocalization of this age group.

- This nursing student got to observe the preoperational stage. According to Piaget's stage, these children were in the Preoperational Stages (American Psychological Association, 2019). A child's memory and imaginative abilities are developing at this stage. The preoperational period ultimately initiates the emergence of language abilities. Pretend playing helps children learn a lot. However, they frequently need help learning reasoning, empathy, and comprehending other people's perspectives. For them, everything is still very concrete. Another element is the characteristic of being egocentric and intuitive at this stage. It prevents a child from thinking outside of their perspective. They have learned how to internally portray the world internally, nevertheless. This student got to observe children imitating each other. They could carry on a conversation and talk about their home life.

3. What are some potential health risks (short-term and/or long-term) for the children you observed today?

- During this clinical, this nursing student observed various aged children. Children at this age are top priorities for their health and safety, whether at home, school, or an early learning facility. When young children become ill, their health may quickly deteriorate. Because of this, the sooner we as parents and caregivers take action, the better the results will be for these children. Knowing these common pediatric illnesses' warning signs and symptoms will help to take appropriate action when necessary. Some of the most common illnesses in this age group are RSV, ear infection, asthma, pink eye, flu, lice, measles, chickenpox, common cold, COVID-19, rubella, obesity, diabetes, cardiovascular problems, and other mental health issues (American Psychological Association, 2019).

4. Choose one of the health risks identified in the above question and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal (SMART), and at least three nursing interventions to achieve this goal.

- This nursing student observed a child with ADHD during the clinical. Millions of children suffer from attention-deficit/hyperactivity disorder (ADHD), frequently lasting into adulthood. Chronic issues, including trouble maintaining focus, hyperactivity, and impulsive conduct, are all parts of ADHD, along with poor academic performance, problematic relationships, and low self-esteem. Sometimes, symptoms get better as they mature. Some individuals, however, never fully outgrow their ADHD symptoms. However, kids can pick up successful coping mechanisms. Even if medicine does not cure ADHD, it can significantly lessen symptoms. Behavioral therapy and medication are regularly used in treatment. An early diagnosis and course of treatment can significantly impact the result.

  Nursing diagnosis: Disturbed thought processes related to personality disorders as evidenced by the child's behavior with other peers (Phelps, 2020).

  Measurable Goal: Encourage ventilation of feelings of frustration and helplessness. Refocus attention to areas of control and progress (Phelps, 2020).
  Intervention 1: When talking to a child with ADHD, use simple and direct instructions.
  Intervention 2: Give positive reinforcements to encourage them (Phelps, 2020).
  Intervention 3: Avoid stimulating or distracting settings (Phelps, 2020).

5. How will the knowledge gained during this observation influence your nursing practice?

- This nursing student had a great experience at the YMCA. This nursing student had a great experience working with children of various ages, from 4 - to 7. These children are at the age where they are very curious, want to know what is going on souring them, asks many questions, and want to learn. Spending a day with these children helped this nursing student understand the milestones. This nursing student can use knowledge in the future nursing career to improve and better understand what to expect when caring

for a pediatric patient. This nursing student wants to work in an emergency department, and this experience can be beneficial. In the ER, it to so broad that when a pediatric patient arrives, this nursing student will know what to expect. This experience taught this nursing student how to talk to children, have patience, and reassure them.

Reference

American Psychological Association. (2019). *Publication manual of the American Psychological*

Association (7th ed.).

Phelps, L. (2020). *Sparks & Taylor's nursing diagnosis reference manual* (11th ed.). LWW.

Debriefing Journal Rubric

Minimum Words: 100 per question/ 50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete ***Total Weight- 5 points***	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience- Evaluation and Rationale for your comments ***Total Weight- 10 points***	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? ***Total Points- 10 points***	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. **Must use 1 scholarly reference (published within the last 5 years)** ***Total Weight- 10 points***	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains a few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. ***Total Weight- 10 points***	ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND is accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND is accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. ***Total Weight- 5 points***	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____