

## N433 - Developmental Observation Debriefing Journal

After observing at the YMCA Summer Camp, complete the following questions. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Saturday @ 2359). **You must include at least one (1) scholarly source within the last five (5) years in at least one of the questions.** This source must be properly cited with in-text citations and the full citation must be provided in APA format. **The total word count for this assignment is to be no less than 100 words per question** (this only applies to the content of your answers, not the questions or citations).

- 1. What age groups did you observe today? Which of Erikson's stages does this age group fit in? Give two (2) examples of behaviors would you expect from this age group. What behaviors did you observe?**

The age group that the student nurse primarily worked with today was between preschool and second grade, or around four to seven years old. According to Ricci et al. (2021), this age group would fall into two of Erikson's stages of psychosocial development – initiative versus guilt and industry versus inferiority. Expected behaviors from the younger children in the age group include enjoying activities with others and cooperating with other kids (Ricci et al., 2021). Expected behaviors from older children in the age group include the need for support from individuals important to the child and an increased interest in the processes of various things (Ricci et al., 2021). The student nurse observed various behaviors from the age group, including peer-to-peer interactions and cooperative play. The student nurse also observed behaviors consistent with the industry versus inferiority stage, like the child seeking praise from the staff.

**2. Which of Piaget's stages does this age group fit in? Give two (2) examples of behaviors would you expect from this age group. What behaviors did you observe? Give two (2) examples of vocalization of this age group.**

Most individuals in the age group fit into Piaget's preoperational stage of cognitive development, consisting of individuals from two to seven years of age (Ricci et al., 2021). According to Ricci et al. (2021), expected behaviors from individuals in the preoperational stage include short attention spans, active imaginations, and identifying unique characteristics of objects and people. The student nurse observed various behaviors consistent with the preoperational stage, including the children playing with a toy kitchen, handing out food, and identifying that the group of nursing students differed from the regular camp staff. The children were also very vocal throughout the clinical experience and used seemingly random curse words to express frustration, and spoke in whole sentences when speaking with camp staff.

**3. What are some potential health risks (short-term and/or long-term) for the children you observed today?**

A handful of children the student nurse observed had been diagnosed with various behavioral and developmental disorders, including oppositional defiance disorder (ODD) and attention-deficit hyperactivity disorder (ADHD). Developmental disorders like ADHD have several short and long-term risks associated with them. According to Videbeck (2023), children with ADHD experience health risks, including an increased risk for impulsive behaviors and trouble paying attention in school. For many children, these issues persist into adolescence and adulthood, and individuals

with ADHD have a higher risk of alcohol and drug use and low self-esteem.

Behavioral disorders like ODD also have associated health risks. For children with ODD, short-term health risks include impaired learning and problem-solving skills (Videbeck, 2023). Additionally, Videbeck (2023) explains that children diagnosed with ODD are more likely to be diagnosed with other mental health disorders in adulthood, including antisocial personality disorder.

**4. Choose one of the health risks identified in the above question and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal (SMART), and at least three nursing interventions to achieve this goal.**

- a. **Nursing diagnosis:** Risk for developmental delay related to behavioral or developmental disorders as evidenced by poor interactions with peers, difficulty paying attention, difficulty controlling impulses, and impaired learning (Phelps, 2020).
- b. **Measurable Goal:** Child will successfully complete cooperative play with peers two times a week for four weeks.
- c. **Intervention 1:** Educate the child's caregivers on the importance of quality interactions between the child, their family, and their peers (Phelps, 2020).
- d. **Intervention 2:** Educate the child's caregivers on age-appropriate activities and the importance of a supervised environment (Phelps, 2020).
- e. **Intervention 3:** Encourage the child's caregivers to communicate with the child in a loving, supportive manner (Phelps, 2020).

**5. How will the knowledge gained during this observation influence your nursing practice?**

The knowledge gained during the developmental observation clinical gave this student nurse valuable experience. This clinical experience allowed the student nurse to observe children in a natural setting around their peers outside of the hospital setting. Additionally, the clinical experience allowed the student nurse to observe how children converse and interact outside of a school setting. These experiences contribute real-world experience to the nursing student's future nursing practice and provide the necessary skills to interact with children on a level appropriate for the child's development. Overall, the knowledge gained will positively contribute to this nursing student's future care for the pediatric population.

## References

Phelps, L. L. (2020). *Sparks and Taylor's nursing diagnosis reference manual*

(11th ed.). Wolters Kluwer.

Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.).

Wolters Kluwer.

Videbeck, S. (2023). *Psychiatric-mental health nursing* (9th ed.). Wolters Kluwer.

## Debriefing Journal Rubric

**Minimum Words: 100 per question/ 50 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains a few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND is accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND is accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

Total Points \_\_\_\_\_