N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
   - The clinical site relates to the course, Infant, child, and adolescent health, as the clinic was tailored towards the care of pediatric patients. In class so far, we have learned about immunization schedules, ASQ'S, and some health conditions that we may see in our pediatric population. I feel that the clinic at Carle at the riverfront did a great job at displaying many of the concepts that are currently being taught to me in the course. The nurse was very social and asked about some of the lessons that we have been learning in class so far and tried to include me in all things she felt would be beneficial to my learning that stayed relevant to the course such as drawing up immunizations.

2. How were you an engaged nursing professional today?
   - I was an engaged nursing professional today as I arrived on time and ready for assignment. I assisted both the nurse and the healthcare technician during my time at clinical and was eager to learn more about the care of pediatric patients in the clinic and how it differs from the hospital setting. I assisted the healthcare technician with calling back patients for their scheduled appointment time and helped obtain their vital sign such as their blood pressure, head circumference, weight, length, and O2 saturations. I also assisted by providing the patient's parents with the proper questionaries or ASQ's that were needing filled out during that appointment and turning them into the nurse once they were fully filled out.

3. How did you contribute to the service provided by the clinic nurse today?
   - While I do not feel like I was able to assist the nurse as much as I would have liked due to minimal appointments scheduled during the time I was on the pediatric floor for my rotation, I feel that I was able to make a substantiable contribution to the nurse and help lighten a little of her work load. I assisted the nurse with providing the patient's parents with the appropriate ASQ's for the patient's age and ensuring that the document was in the appropriate language that the parent's spoke, as I did have one Spanish speaking family during my rotation. The nurse allowed for me to observe how they receive notes from patient family's through epic and the appropriate procedure they take to call the patient's guardian back in regard to the concerns the parent was voicing. The nurse also shown me how to appropriately forward the note to the provider.

4. Name **3** ways this clinical site impacts Pediatric health.
   - The clinical has many positive impacts to pediatric health. The three impacts that I chose to focus on are screenings, preventative care, and acute care illnesses. The clinic provides the patient's guardian with questionnaires at each routine wellness check which assist the nurse and provider to recognize any speech or developmental delays the patient may have or be at risk for. Preventative care is provided at the clinic through the use of routine wellness check and the use of vaccinations

according to the recommended vaccination schedule based on the patient's age. Lastly the clinic is readily available to patient's to be seen if they were to become ill.

5. What are the health risks of the population served during today's clinical based on your observations today?
   - During my clinical rotation I feel that I was unable to fully evaluate what the specific health risks for the population served at that clinic location is due to only seeing three patients while I was there on the floor. If I had to choose one health risk for the population served at the Carle on the riverfront, I would say that the majority health risk would be just providing preventative care to patients to avoid any acute illnesses and to recognize any possible speech or developmental delays. While on the floor each of my patient's were there for a routine wellness check in which none of my patient's had any adverse reactions or anything that raised a concern based off on their questionnaires that were provided to them.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
   - Based off the patient's I observed during my clinical rotation I would like to use a diagnosis of Ineffective health maintenance related to deficient knowledge as evidenced by the patient's guardians demonstrating a lack of knowledge in preventative care needed. After providing some education to the patient and their guardians I would like for them to be able to identify resources that are necessary to help support health maintenance as well as make any necessary lifestyle changes. Some nursing interventions that we can introduce in our plan of care are incorporating the patient and their guardian's in their health goals, simplify the patient's treatment plan, and help provide the patient with adequate resources and coordinate beneficial resources on behalf on the patient (Wagner, 2022).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?
   - My experience while shadowing at the pediatric clinic at Carle will positively impact my nursing practices from this point forward. After I graduate from nursing school my goal is to work in the neonatal intensive care unit, so I found that getting to shadow in the clinic and assist with vaccinations and obtaining vital signs beneficial as I got to see first-hand the coordination of a team to provide the patient with comfort while providing care. as we learned in class the hospital tends to utilize a child life specialist but while in the clinic I felt that every team member had some sort of education on how to provide the patient with comfort based off of their ages while still being able to complete the necessary vaccinations and assessments needed given the reason they were being seen in the clinic today.

References;

Wagner, M. (2022, December 9). *Ineffective health maintenance nursing diagnosis & care plan*. NurseTogether. https://www.nursetogether.com/ineffective-health-maintenance-nursing-diagnosis-care-plan/

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? *Total Weight- 10 points*	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. ==Must use 1 scholarly reference (published within the last 5 years)== *Total Weight- 10 points*	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone. - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. *Total Weight- 5 points*	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____