

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to the course by giving care to patients between the ages of newborn to 18 years old, sometimes up to 21 years old. The clinic performs well-child visits and vaccinations for their patients. The nurses at the clinic communicate with the parents/guardian of the patient through the patient portal, then notify the provider of the patient's concern. The patient portal allows parents/guardians to send photos to the nursing staff and provider to rule out whether the patient should be seen immediately or go to the emergency department. Therefore, it ensures that the patient gets the adequate care they need.

2. How were you an engaged nursing professional today?

This nursing student was an engaged nursing professional today by clarifying things the student nurse did not understand and helping the certified medical assistant and registered nurse. The student nurse observed phone calls made to the nurse and communication held in the patient portal. The "take home" from today's clinical was the nurse's communication with parents/guardians in the patient portal. The nurse educated parents/guardians and addressed any concerns they may have had. This nursing student engaged with the patients and parents/guardians of the patient by considering their concerns, maintaining patient confidentiality, and respecting their decisions. Providing adequate patient care is essential in creating trust between nurses and patients; having respect goes a long way.

3. How did you contribute to the service provided by the clinic nurse today?

This student nurse contributed to the clinic nurse's service today by calling patients' names, putting them in their designated rooms, and taking their vital signs. The student nurse also interacted with the parents and relayed their questions. Although the student nurse could not participate in much of a nurse's role, what the student could fulfill was done to the best of her ability. This nursing student was able to print patient labels for vaccinations and paperwork. The student nurse assisted the patients in picking out stickers after their appointment. Most of the time at the clinic, the student nurse observed patient interaction, physicals, and vaccine administration.

4. Name **3** ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health by making it its mission to provide adequate patient care while being adaptable to specific situations and giving respect. This clinic makes education for parents/guardians of the patients a priority and explains the benefits of vaccinations to help this growing population. The clinical site ensures that they consider their patient's growth and development according to their ages, and if not met, they provide referrals or work with them to get to where they need to be. The clinic also prioritizes keeping the line of communication open to the parents/guardians and patients to establish and maintain a trustworthy relationship between the staff and anyone stepping foot into the clinic.

5. What are the health risks of the population served during today's clinical based on your observations today?

The population served during today's clinical is vulnerable because they have not fully developed an immune response. The clinic's population today consists of children who have allergies. However, asthma occurs due to allergies, those who have not completed their vaccination series, and strep throat. In some other cases, the nurse dealt with the patient portal could have been a risk for injury. For example, a child was having random stares and jolting when he started speaking again, commonly known as an absent seizure. These are all serious health concerns that have the potential to affect our youth severely. Our youth depends on us to assist them.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing diagnosis: Risk for injury related to convulsions and altered sensations as evidence by not being able to arouse (Phelps, 2020).

Goal: The patient will remain safe and free from injury when experiencing a seizure. The parent/guardian of the patient will time the seizures and identify any triggers. The parent/guardian will keep heavy furniture and sharp objects away from patient. The patient will have a decrease in seizures after being on their medication for a month.

Interventions: Educate the patient's parent/guardian on keeping a seizure diary with the dates, time, duration of seizure, symptoms before seizure, and potential triggers (Phelps, 2020).

Interventions: Encourage a medical alert bracelet and identification for the patient, so that if the patient may not be with the caregiver, people surrounding the patient will know how to appropriately treat the patient during the seizure (Phelps, 2020).

Interventions: Educate the parent/guardian on the importance of keeping the patient safe during the seizure, such as removing furniture or objects from around them so that the patient does not get injured (Phelps, 2020).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

The student nurse's experience at the ambulatory clinic job shadowing will impact nursing practice by allowing this future nurse to be more accustomed to conversating and giving care to various ages in the youth population. The student nurse learned how to also conversate with the parents of the patients and address their concerns about their health. The essential part of today that this student nurse will carry on in their nursing practice is communication with the patient in terms that the patient will understand and still include in care

along with the parents. This future nurse understands the motive of well-child visits and the importance of health for youth.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. 	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. 	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why.

<i>points</i>	Weight- 1 point	Weight-5 points	Weight-10 points
APA Format Correct spelling/Grammar. Must use 1 scholarly reference (published within the last 5 years) <i>Total Weight- 10 points</i>	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. Weight- 1 point	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. Weight- 5 points	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. Weight- 10 points
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. <i>Total Weight- 10 points</i>	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. Weight- 1 point	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. Weight- 5 points	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. Weight- 10 points
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. <i>Total Weight- 5 points</i>	- Paper submitted to dropbox or discussion board late. Weight- 1 point		- Paper submitted to dropbox on time. Weight- 5 points

Total Points _____