

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359).

Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.

1. How does this clinical site relate to the course?

- a. This clinical site relates to pediatric nursing in various ways. The pediatric clinical site provides primary care to children, and typical ages range from zero to eighteen years old, with some patients over eighteen years old. Additionally, the clinic provides preventative measures such as screenings and immunizations and other information, like anticipatory guidance. So far in this course, we have learned about the importance of primary, secondary, and tertiary care and prevention for pediatric clients, and this clinical site provides care that would cover all areas of this spectrum. Having clinical time at this site provides an opportunity to see different levels of prevention in the real world.

2. How were you an engaged nursing professional today?

- a. This student nurse can confidently say they were an engaged nursing professional today. To start the day, this student nurse worked with a certified medical assistant (CMA) through her typical workflow. The workflow included getting patients and families to rooms, checking vital signs, and administering vaccinations. While working with the CMA, this student nurse ensured they were asking questions and being attentive. After working with the CMA, this student nurse moved to work with a registered nurse (RN) through her standard workflow. The RN tasks the student nurse observed at the clinic mainly consisted of computer work, with the RN answering questions and fielding phone calls from patients. Again, this student nurse ensured that they were attentive and asked questions throughout the experience.

3. How did you contribute to the service provided by the clinic nurse today?

- a. This student nurse contributed to the service provided by the pediatric clinic in multiple ways. The student nurse assisted the CMA by helping with statistic tracking and cleaning rooms after patients and families had left their visits. The student nurse assisted the RN by discussing various pediatric healthcare-related calls and messages that came to the clinic and the impact of the client's activities on their health. In addition to physical duties, the student nurse professionally interacted with families and tried to bring a smile to their office visits. Overall, the student nurse was helpful when possible and looked for ways to contribute to the services provided by the clinic.

4. Name 3 ways this clinical site impacts Pediatric health?

- a. One important way this clinical site impacts pediatric health is by providing standard immunizations. According to Ricci et al. (2021), immunization is vital to preventing childhood disease and is one of the most critical activities during regular child visits. Healthcare providers and professionals consider vaccination so crucial that Healthy People 2023 includes various vaccine-related goals (Ricci et al., 2021). Another way the clinical site impacts pediatric health is by providing screenings. While the student nurse worked with the CMA, they performed vision and hearing screenings. Screening tests are vital to pediatric health and help identify individuals with a potential disorder (Ricci et al., 2021). The last way the clinical site impacts pediatric health is by providing a safe way for families to ask questions to healthcare providers. Families can find information specific to their child through phone calls and messages in their patient portal without searching the internet.

5. What are the health risks of the population served during today's clinical based on your observations today?

- a. This student nurse identified various health risks within the population served today. One health risk the student nurse identified today was allergies. Various patients visiting the clinical site today were seeking care for allergy-related symptoms, and the CMAs and RNs at the clinic stated that allergies were the leading cause of illness during the summer. According to Hirsch (2022), allergies are common in children and adults and have mild to potentially fatal symptoms. Due to the volume of patients seeking care for allergies, this student nurse thought it was a significant risk to include. Another health risk the student nurse observed was access to healthcare. Multiple patients could not get to scheduled appointments today due to their inability to get to the clinic. Decreased access to services is a known barrier to healthcare in the United States and increases risks for injury and illness (Ricci et al., 2021).

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

- a. The student nurse chose to make a plan of care to address allergies. The nursing diagnosis for allergies is "Risk for allergy reaction related to increased exposure to allergens as evidenced by increased physical symptoms and increased office visits." (Phelps, 2020). One measurable goal for this nursing diagnosis would be to decrease allergy-related pediatric clinic visits by twenty-five percent in three months. One nursing intervention to address this issue is to suggest that patients and families monitor and document when allergy symptoms occur (Phelps, 2020). Another nursing intervention to address this issue is for the patient and family to frequently wash clothing, linens, and their home environment (Phelps, 2020). A last nursing intervention to address this issue is for patients and families to modify their home and working environments to decrease exposure to allergens (Phelps, 2020).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

- a. The experience gained working with the pediatric clinic will positively impact this student nurse's nursing practice. Working with children is highly different compared to working with adults, and increased exposure to working with the pediatric population benefits student nurses. Working with the pediatric clinic allowed this student nurse to experience routine visits for children and families and provided insights into nursing activities associated with regular visits. Additionally, this student nurse better understands the clinics' role in providing care to the pediatric population. Overall, the ambulatory clinic experience provided this student nurse with more background information to better inform their nursing practice in the future.

References

- Hirsch, L. (2022, January). *Kids and allergies*. Nemours KidsHealth. Retrieved on June 14, 2023, from <https://kidshealth.org/en/parents/allergy.html>
- Phelps, L.L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11th ed.) Wolters Kluwer.
- Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____