N431 Adult Health II

Clinical Reflection Form

Name: Jayda Davis Date: 6/2/2023

Clinical Rotation Site: OSF Danville, Emergency Room

1. Briefly write about today's experience(s)

Today I got to see a lot of medical issues and procedures that I significantly learned from. I saw patients in car accidents, miscarriages, and strokes. I assisted in helping the doctor with putting stitches into a patient's upper lip, which was very interesting. I did a lot of EKGs and helped with straight cathing a patient. I learned a lot and saw medical issues for the first time that I had never seen before.

2. What is one thing you learned?

I learned about how to react in a code stroke. I saw what the nurses did and how quickly things happened for the patient on arrival. I was educated on the stroke the patient was experiencing and the protocols on what to follow during a code stroke. I learned to immediately get a stat CT scan, get labs drawn, and medications to give during that time period.

3. What is one thing you would do differently?

I wish I could have gotten involved more. It was my first time in the emergency room, and I did not know what to expect and I was intimated. I shadowed when I wasn't participating in patient care, but I now feel more confident about getting involved.

4. What is your major "take home" from today's clinical experience(s)?

I learned how to stay calm and to not panic when a serious medical problem is going on. I also got to see a miscarriage which I have never seen before so it was kind of emotional witnessing a mother lose her baby.

5. Is there anything else you would like to mention?

Overall, I had a great day at clinicals and learned a lot. I feel less scared going into the emergency room and am more prepared for when I rotate through the emergency room again.