

Lakeview College of Nursing
N432 Maternal Newborn Care
Clinic Observation Expectations

You must notify your clinical instructor at least an hour prior to the start of clinical at 7:45 am. You can text my cell phone number or send an email.

Review the chapters in the book on normal pregnancy development and prenatal care prior to this observation experience. This will help you prepare so you have an awareness of the types of patient encounters within the clinic setting. Communication is important and professionalism is expected in all interactions whether with clients, visitors, clinic staff, or providers.

The Carle Maternal Fetal Medicine clinic is located at 602 W University Ave., Urbana. This is the South clinic so south of University Avenue. You will need to plan ahead and arrive at the Fairgrounds no later than 7:30 am and catch the South Clinic shuttle rather than the Main hospital shuttle. You will be dropped off at the front door of the South Clinic. Take the elevator to the 2nd floor to the Maternal Fetal Medicine clinic. You must be at the clinic no later than 7:45 am and check in with the staff at the front desk upon arrival. The nursing supervisor is Kathryn Lowe RN. You will be assigned to be with the nurses, possibly MOA's, and providers. Professional behavior of students is expected at all times. The Observation experience ends at 12:45 pm. Before you leave you must have the RN whom you are following fill out and sign the evaluation form, put it into the envelope and seal it, then give it to you to bring back to the college at the next class period along with your evaluation of the preceptor.

This is a clinical experience so if a student misses any part of the assigned experience, it will count as a clinical absence and will be handled according to statements within the course syllabus and/or College of Nursing Student Handbook.

You will be required to complete a reflective assignment aligned with clinical competencies which will be due at 11:59 pm the **second** day after this clinical experience. Your assignment is to be a minimum of 1 page written in proper APA format and is to be in WORD and submitted to the drop box.

Reflective Journaling Assignment:

1. Name an observation and describe the nurse's role. Provide up to three sentences explaining how this situation applies to one of the following concepts: Family centered Care, Empowering the Individual/Family, Independence to the greatest extent possible
 - Upon my clinical rotation at the maternal fetal medicine clinic I was able to watch the role of the nurse in the clinic. The nurse's role was to go in the patient's room and complete an assessment after the cna obtains the patient's vitals. The nurse is also in charge of making phone calls to patients with an results that came back.

2. Describe a situation you experienced on this clinical day. While protecting client information, explain the role of the nurse in the situation. Give enough background information so the reader has a clear vision of the encounter. Name assessment techniques the nurse employed in this situation and provide support why these methods were chosen for this time. End this section by summarizing the recommendations the nurse provided for this client. This section can be personalized with your own reflection or reactions and may be written in first person.
 - During my rotation to the clinical I feel that I was unable to witness as much as I would like. I was able to observe a few non-stress tests and one first prenatal visit. The nurse's role in the non-stress tests is to place the patient on the monitors and explain the procedure to them. The nurse then goes back to the nurse's station and watches the monitor that displays the baby's heart rate, the mom's heart rate and any contractions that the mother may be having. The nurse is assessing for any accelerations or deviations in the baby's heart rate and the mother presses a button each time she feels the baby move. The nurse then just charts all the findings from the test and sends the findings to the provider.
3. Follow up for #2 with supportive evidence. Find evidence that supports the nurse's action with assessment techniques OR recommendations. This section is to be written in a professional manner. Cite sources for the evidence supporting the actions of the nurse or provider. In-text and reference list citation expected according to APA
 - The role of the nurse in a stress test is to explain the procedure to the patient and to monitor findings. The nurse should explain to the patient to empty their bladder and lie in a semi-Fowler position (Nursing Lecture, 2015). Interpretation of NST is based on the patterns of the fetal heart rate and fetal movement (Nursing Lecture, 2015). Abnormal fetal heart rate reactivity to fetal movement seen by a reduction in baseline variability without an acceleration in the heart rate can indicate a distressed fetus (Nursing Lecture, 2015).

Resources:

Lecture, N. (2021, April 24). *Non Stress Test (NST)*. Nursing Lecture.
<https://nursinglecture.com/non-stress-test-nst/>