

Example Interview questions:

1. What are the most rewarding things about getting older? Is it a lifetime of knowledge?
2. What are the most important lessons you have learned in your life? Ask to hear the stories behind those lessons.
3. Who has influenced you the most?
4. What life advice would you pass to future generations?
5. If you could go back to any age, what would it be? Would they stay the age they are now or go back? How far back? What was life like at that time?
6. What do you remember about the place you grew up? Do they still live there, or have they visited? If so, how has it changed?
7. Which invention from your lifetime amazed you? What was life like before?
8. What was your favorite movie when you were younger?
9. What was your first job? How about your favorite?

Interview Process Chart

Question and Question Number: <ul style="list-style-type: none"> • List the question you asked below 	Student communication: <ul style="list-style-type: none"> • List 1 verbal communication skill used • List 1 non-verbal communication skill used. 	Interviewee communication: <ul style="list-style-type: none"> • List 1 verbal communication skill the patient used • List 1 non-verbal communication skill the interviewee used 	Student thoughts & feelings related to the communication <ul style="list-style-type: none"> • Describe 1 thought or feeling related to the communication
1. Who has influenced you the most?	<ul style="list-style-type: none"> • One verbal communication skill the student used while asking this question was the use of open-ended questions. • One non-verbal communication skill the student used was eye contact while asking this question. 	<ul style="list-style-type: none"> • One verbal communication skill the patient used while answering this question was the use of asking open-ended questions when wanting to know something about the student. • One non-verbal communication skill the patient used was 	<ul style="list-style-type: none"> • One feeling the student had while asking this question was joy. This feeling came from the answer the patient gave which was, "Husband because I loved him so much."

		eye contact while being asked this question.	
2. What life advice would you pass to future generations?	<ul style="list-style-type: none"> • One verbal communication skill the student used while asking this question was the use of active listening. • One non-verbal communication skill the student used was “open posture” while asking this question. 	<ul style="list-style-type: none"> • One verbal communication skill the patient used while answering this question was the use of asking clarification while being asked this question. • One non-verbal communication skill the patient used was eye contact while being asked this question. 	<ul style="list-style-type: none"> • One thought the student had while asking this question was how funny the patient is. This thought came from the answer the patient gave which was, “don’t get fat.”
3. Which invention from your lifetime that amazed you? What was life like before?	<ul style="list-style-type: none"> • One verbal communication skill the student used while asking this question was the use of clarification. • One non-verbal communication skill the student used was hand gestures. 	<ul style="list-style-type: none"> • One verbal communication skill the patient used while answering this question was the use of active listening. • One non-verbal communication skill the patient used was body gestures. 	<ul style="list-style-type: none"> • One thought the student had while asking this question was how different technology in the nursing field used to be. This thought came from the patient’s answer which was, “the new way temperatures are taken.”
4. What was your favorite movie	<ul style="list-style-type: none"> • One verbal communication skill 	<ul style="list-style-type: none"> • One verbal communication skill 	<ul style="list-style-type: none"> • One thought the student had while asking this question was how excited the patient was while

<p>when you were younger?</p>	<p>the student used while asking this question was the use of clarification.</p> <ul style="list-style-type: none"> • One non-verbal communication skill the student used was eye contact. 	<p>the patient used while answering this question was the use of being clear and concise while explaining the movie.</p> <ul style="list-style-type: none"> • One non-verbal communication skill the patient used was body gestures. 	<p>thinking back on this movie.</p>
<p>5. What was your first job? How about your favorite?</p>	<ul style="list-style-type: none"> • One verbal communication skill the student used while asking this question was the use of laughter. • One non-verbal communication skill the student used was hand gestures. 	<ul style="list-style-type: none"> • One verbal communication skill the patient used while answering this question was the use of laughter. • One non-verbal communication skill the patient used was body gestures. 	<ul style="list-style-type: none"> • One thought the student had while asking this question was how excited the patient was while describing the best parts of babysitting.

Step Two: Interview Evaluation-Reflective Activity

Step Two Directions: After interviewing an older adult, students are to complete a self-reflective evaluation. Answer all **FOUR** questions listed below. Complete in full sentences with proper clarity and mechanics. Follow rubric for full guidelines.

1. What are the major take-home lessons after interviewing an older adult?
 - The major take-home lesson after interviewing an older adult was to enjoy the little things in life. This interview clarified how older adults find joy in the little things that they were involved in during their younger age.
2. How can a nurse adapt their practice to be more responsive to the unique needs of an older adult client?
 - Some types of things the nurse could do are exercise patience, practice active listening, have the right body language, and show sincerity.
3. In what way is a student building their nursing skills by interviewing patients including older adults?
 - Interviewing older adults has therapeutic value because it fosters a connection with the patient and provides empathy and assurance. This helps make the patient feel comfortable and helps the student build their therapeutic communication skills.
4. Reflect on one question and expand on how communication could improve.
 - One of the questions that was asked was, “who influenced you the most” and the patient went on to explain that the husband was the biggest influence in the patient’s life due to the patient loving him. This communication could have improved by the student asking more about the patient’s husband and what the patient loved so much about the husband.