

# N323 Mental Health Proctored ATI Remediation Template

Student Name: Rancey Rouse  
Assessment Name: RN Mental Health 2019  
Semester: 2<sup>nd</sup>

<b>ADJUSTED INDIVIDUAL TOTAL SCORE</b>  <b>66.7%</b>	<b>Individual Name:</b> Rancey N Rouse <b>Student Number:</b> 7412792 <b>Institution:</b> Lakeview CON <b>Program Type:</b> BSN	<b>Focused Review Progress</b> View missed topics and launch study materials below. <b>Last accessed:</b> 4/25/2023 <b>Time spent:</b> 05:15:20
<b>TIME SPENT</b> 29:40	<b>Test Completed Date:</b> 4/25/2023 <b># of Points:</b> 60 <b>Attempt:</b> 1	

PROFICIENCY LEVEL	MEAN		PERCENTILE RANK	
Level 2	National 69.8%	Program 70.5%	National 39	Program 37

Content Area	Topics to Review	Total # Points	National	Program	National	Program	Individual Score
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Management of Care	3	13	78.0%	78.4%	54	52	76.9%	Focused Review
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Last Accessed: 4/25/2023

**Advocacy - (1)**

> Legal and Ethical Issues: Responding to Client's Concern (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)

**Client Rights - (1)**

> Legal and Ethical Issues: Informed Consent for Electroconvulsive Therapy (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)

**Collaboration with Interdisciplinary Team - (1)**

> Depressive Disorders: Priority Findings to Share with Treatment Team (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 13 Depressive Disorders)

Safety and Infection Control	2	4	n/a	n/a	n/a	n/a	50.0%	Focused Review
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Last Accessed: 4/25/2023

**Use of Restraints/Safety Devices - (2)**

> Legal and Ethical Issues: Applying Restraints (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)

> Legal and Ethical Issues: Indications for Removing Restraints (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)

Health Promotion and Maintenance	1	3	n/a	n/a	n/a	n/a	66.7%	Focused Review
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Last Accessed: 4/25/2023

**Aging Process - (1)**

> Suicide: Evaluating a Client for Protective Factors (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 30 Suicide)

Psychosocial Integrity	10	30	71.0%	71.9%	39	36	66.7%	Focused Review
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Last Accessed: 4/25/2023

**Abuse/Neglect - (1)**

> Family and Community Violence: Counseling a Client Who is Experiencing Partner Violence (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 32 Family and Community Violence)

**Behavioral Interventions - (2)**

> Neurocognitive Disorders: Assisting With Orientation for a Client Who Has Alzheimer's Disease (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 17 Neurocognitive Disorders)

> Psychoanalysis, Psychotherapy, and Behavioral Therapies: Use of Positive Reinforcement (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 7 Psychoanalysis, Psychotherapy, and Behavioral Therapies)

**Coping Mechanisms - (2)**

> Stress and Defense Mechanisms: Adaptive Use of Defense Mechanisms (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 4 Stress and Defense Mechanisms)

> Stress and Defense Mechanisms: Recognizing Defense Mechanisms (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 4 Stress and Defense Mechanisms)

**Family Dynamics - (1)**

> Eating Disorders: Planning Care for a Client Who Has Anorexia Nervosa (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 19 Eating Disorders)

**Mental Health Concepts - (2)**

> Anxiety Disorders: Clinical Findings of Posttraumatic Stress Disorder (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 11 Anxiety Disorders)

> Depressive Disorders: Expected Findings in Older Adult Client (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 13 Depressive Disorders)

**Stress Management - (1)**

> Trauma- And Stressor-Related Disorders: Identifying a Manifestation of Posttraumatic Stress Disorder (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 12 Trauma- and Stressor-Related Disorders)

**Therapeutic Communication - (1)**

> Suicide: Responding to a Client Who Has Major Depressive Disorder (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 30 Suicide)

and stressor-related disorders)

#### Therapeutic Communication - (1)

> Suicide: Responding to a Client Who Has Major Depressive Disorder (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 30 Suicide)

Basic Care and Comfort	0	1	n/a	n/a	n/a	n/a	100.0%
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#### Pharmacological and Parenteral Therapies

2	6	54.8%	55.5%	79	78	66.7%
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Focused Review

Last Accessed: 4/25/2023

#### Adverse Effects/Contraindications/Side Effects/Interactions - (2)

> Medications for Bipolar Disorders: Managing Adverse Effects of Lithium (Active Learning Template - Medication, RM MH RN 11.0 Chp 23 Medications for Bipolar Disorders)

> Medications for Psychotic Disorders: Evaluating Understanding of Risperidone (Active Learning Template - Medication, RM MH RN 11.0 Chp 24 Medications for Psychotic Disorders)

#### Reduction of Risk Potential

2	3	n/a	n/a	n/a	n/a	33.3%
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Focused Review

Last Accessed: 4/25/2023

#### Laboratory Values - (1)

> Eating Disorders: Expected Laboratory Values (Active Learning Template - Diagnostic Procedure, RM MH RN 11.0 Chp 19 Eating Disorders)

#### Potential for Complications of Diagnostic Tests/Treatments/Procedures - (1)

> Brain Stimulation Therapies: Preprocedure Medication for Electroconvulsive Therapy (Active Learning Template - Therapeutic Procedure, RM MH RN 11.0 Chp 10 Brain Stimulation Therapies)

NOTE: n/a indicates where means and percentile ranks are not presented for sub-scales with fewer than five items.

Outcomes

Show all outcome definitions

OFF

## Main Category: Management of Care

### Subcategory: Advocacy

**Topic:** Legal and Ethical Issues: Responding to Client's Concern

- Nurses are frequently confronted with ethical dilemmas regarding client care
- Beneficence- the quality of doing good; can be described as charity
- Veracity- honest when dealing with a client

### Subcategory: Client Rights

**Topic:** Legal and Ethical Issues: Informed Consent for Electroconvulsive Therapy

- Clients have right to informed consent and the right to refuse treatment
- Clients have right to a written plan of care/treatment that includes discharge follow-up
- Clients have right to provision of care with the least restrictive interventions

### Subcategory: Collaboration with Interdisciplinary Team

**Topic:** Depressive Disorders: Priority Findings to Share with Treatment Team

- Report of sluggishness, or feeling unable to relax and sit still
- Anhedonia-lack of pleasure in normal activities
- The client exhibits poor grooming and lack of hygiene

## Main Category: Safety and Infection Control

### Subcategory: Use of Restraints/Safety Devices

**Topic:** Legal and Ethical Issues: Applying Restraints

- A client can voluntarily request a temporary timeout in cases in which the environment is disturbing and seems too stimulating.
- Less restrictive measures must be used first- verbal interventions, diversion, or redirection, etc.
- Complete documentation every 15-30 mins.

**Topic:** Legal and Ethical Issues: Indications for Removing Restraints

- Restraint must be discontinued when the client is exhibiting behavior that is safer and quieter
- Once discontinued, the nurse must obtain a new prescription before using restraints again
- Must have time released from restrained to prevent skin breakdown.

## Main Category: Health Promotion and Maintenance

### Subcategory: Aging Process

**Topic:** Suicide: Evaluating a Client for Protective Factors

- Feelings of responsibility toward partner and children
- Current pregnancy
- Effective coping and problem solving skills

## Main Category: Psychosocial Integrity

### Subcategory: Abuse/Neglect

**Topic:** Family and Community Violence: Counseling a Client Who is Experiencing Partner Violence

- Find ways to manage stress in positive way
- Document subjective and objective data obtained during assessment
- Help client develop a safety plan and to identify behaviors that may trigger violence

### Subcategory: Behavioral Interventions

**Topic:** Neurocognitive Disorders: Assisting With Orientation for a Client Who Has Alzheimer's Disease

- Provide compensatory memory aids
- Keep a consistent daily routine
- Maintain consistent caregivers

**Topic:** Psychoanalysis, Psychotherapy, and Behavioral Therapies: Use of Positive Reinforcement

- Assertive training-teach client to express feelings and solve problems in nonaggressive manner
- Operant conditioning- client receives positive rewards for positive behavior
- Client receives tokens for good behaviors and can exchange them for privilege or other items

### Subcategory: Coping Mechanisms

**Topic:** Stress and Defense Mechanisms: Adaptive Use of Defense Mechanisms

- Adaptive use helps people achieve their goals in acceptable ways and reduce anxiety
- Altruism-deal with anxiety by reaching out to others
- Altruism and sublimation are defense mechanisms that are always healthy

**Topic:** Stress and Defense Mechanisms: Recognizing Defense Mechanisms

- Displacement- shifting feelings related to an object, person or situation. Can be maladaptive and adaptive
- Creating reasonable and acceptable explanations can be both maladaptive or adaptive and is called rationalization
- Attributing ones unacceptable thoughts and feelings onto another who doesn't feel them is projection and is only maladaptive.

### Subcategory: Family Dynamics

**Topic:** Eating Disorders: Planning Care for a Client Who Has Anorexia Nervosa

- Perform self-assessment regarding possible feelings of frustration regarding eating disorders
- Establish realistic goals for weight loss
- Closely monitor after meals to prevent purging

### Subcategory: Mental Health Concepts

**Topic:** Anxiety Disorders: Clinical Findings of Posttraumatic Stress Disorder

- Clients can have memories of the event recur involuntarily that cause distress
- Clients can also experience night-time dreams related to the traumatic event
- Dissociative manifestations-amnesia, derealization, depersonalization

**Topic:** Depressive Disorders: Expected Findings in Older Adult Client

- Findings I can include anergia, anxiety, anhedonia, and reports of sluggishness
- The client may exhibit poor grooming and lack of hygiene
- May seem too tired to speak and can sigh often

### **Subcategory: Stress Management**

**Topic:** Trauma- And Stressor-Related Disorders: Identifying a Manifestation of Posttraumatic Stress Disorder

- Learn to prioritize differently to reduce number of stressors affecting them
- Help client look at irrational cognitions in more realistic light and to restructure those thoughts in a more positive way
- Encourage participation in support group

### **Subcategory: Therapeutic Communication**

**Topic:** Suicide: Responding to a Client Who Has Major Depressive Disorder

- Always use a follow up question when asking about suicide if the first answer is negative
- Limit the amount of time an at-risk client spends alone
- Establish a trusting therapeutic relationship

## Main Category: Pharmacological and Parenteral Therapies

### Subcategory: Adverse Effects/Contraindications/Side Effects/Interactions

**Topic:** Medications for Bipolar Disorders: Managing Adverse Effects of Lithium

- For nausea, diarrhea and abdominal pain, the client can take medication with meals or milk
- Beta blockers can be used for hand tremors and the client needs to report an increase in tremors
- Monitor intake and output and assess baseline BUN and creatine while monitoring kidney function periodically.

**Topic:** Medications for Psychotic Disorders: Evaluating Understanding of Risperidone

- Used for negative and positive symptoms of schizophrenia spectrum disorders
- Client needs to follow a low calorie diet and engage in regular exercise while monitoring weight gain
- Not recommended during pregnancy or breastfeeding

## Main Category: Reduction of Risk Potential

### Subcategory: Laboratory Values

**Topic:** Eating Disorders: Expected Laboratory Values

- Low blood pressure with possible orthostatic hypotension. Hypertension can be present in clients who have binge eating disorders
- Hypokalemia and especially for those who have bulimia nervosa.
- Anemia and leukopenia, with hypoalbuminemia and elevated BUN can be expected findings as well.

### Subcategory: Potential for Complications of Diagnostic Tests/Treatments/Procedures

**Topic:** Brain Stimulation Therapies: Preprocedural Medication for Electroconvulsive Therapy (

- 30 mins prior to procedure an IM injection of atropine sulfate or glycopyrrolate is administered to decrease secretions that could cause aspiration
- A muscle relaxant is administered to paralyze the clients' muscles during the seizure activity which decreased injury
- At time of procedure nurse administers short acting anesthetic via IV bolus