

N321 Adult Health I

Clinical Reflection Form

Name: Kaitlyn Loewenstein

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End of clinical Journal

1. Briefly write about your experience(s)

I really enjoyed being on different units each week. I learned a lot and saw so much this semester in my clinicals at OSF.

2. What are things you learned?

I learned much more about IV placements and the different ways to find the best vein. Doing an IV on a real person compared to the fake arm in lab is completely different. Each nurse gave their advice on finding the best vein and it made me feel very confident with doing IVs.

3. What are things you would do differently?

Something I wish I would have done differently was ask more questions during clinicals. Going into to clinicals I knew that most nurses do not enjoy having student nurses and that made me not want to ask many questions.

4. What is your major "take home" from clinical experience(s)?

My major take home from clinicals this semester is realizing a patient's status can change at anytime and how nurses need to be prepared for the worst. The ER really taught me that and made me realize to play it safe.

5. Is there anything else you would like to mention?

I really enjoyed the clinical instructor this semester. She answered all of my questions in detail and explained it very well.