

N321 Adult Health I

Clinical Reflection Form

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End of clinical Journal

1. Briefly write about your experience(s)

It was good being able to learn in a clinical setting as a nurse, I'm a CNA so it felt good to be in a different role than what I'm use to. I was able to learn about things in class but to actually be hands on in clinicals it was exciting to do. I liked the fact that I was able to see different nursing in different settings from med surg, ICU, PACU and others. It gives you an idea about what type of nurse you want to be.

2. What are things you learned?

I learned on the last day to actually put in a IV on a live person which I was excited about because I didn't think I would get the opportunity. I also learned how to push different medication and the locations of where they should go. Over all it was great to learn so many things about different cases and what different patients require. Being in the clinical setting though I learned that nursing is basically a super power and I'm grateful to almost be one.

3. What are things you would do differently?

I honestly would want to be more hands on and learn more that way that when I am a nurse I won't require as much training. I know every place is not the same, but I do wish I had be more hands on as a nurse.

4. What is your major "take home" from clinical experience(s)?

That nursing is not just a job you don't take seriously, you have to care about your patients, and you have to love what you do. You need to know if this is something you want to do because it can be stressful and it's not a easy job.

5. Is there anything else you would like to mention?

There's nothing I would like to mention.