

N431 Adult Health II

Clinical Reflection Form

Name: **Shelby Myers**

Date: **04/17/2023**

Clinical Rotation Site: **Inpatient Wound Care**

1. Briefly write about today's experience(s)
 - a. Today I was able to follow Kaitlin from Sarah Bush's inpatient wound care while she visited patients throughout the hospital. The first patient we visited was a requested wound consult for a reddened area on the coccyx of a patient. The nurse applied cream to her bottom and a mepilex for preventative measures. The next patient we visited had a foot pressure ulcer with exposed tendon. We replaced the wound vac and that was pretty cool to see. The next patient we saw was a male who had an abscess drained, but the doctor closed the abscess so we were unable to assess them at this time. And the last patient we visited had tunneling pressure sores on her groin are that needed redressed and packed with dressings.

2. What is one thing you learned?
 - a. One thing I learned was how to change a wound vac and what all parts are for when changing the wound vac.

3. What is one thing you would do differently?
 - a. One thing I would do differently would be to offer more assistance to the nurse because early on I was unsure how much I would be able to help her until we saw a patient in ER and I helped dressed her wounds.

4. What is your major "take home" from today's clinical experience(s)?
 - a. My major take home from today is that wounds are actually kind of cool and how to assemble the wound vac and observe that its working.

5. Is there anything else you would like to mention?
 - a. The wound care nurse was very good with students and answered our questions. I appreciate them being so helpful.