

N431 Adult Health II

Clinical Reflection Form

Name: Molly Niemerg

Date: 3-20-23

Clinical Rotation Site: OR

1. Briefly write about today's experience(s)

Today I was in the OR following a nurse. I watched a hysterectomy by Dr. Meyer. First, it was supposed to be laparoscopic procedure then turned into an open procedure. The size of the patient's uterus was too big to be removed laparoscopically. Dr. Meyer went ahead and made a call to open her up.

2. What is one thing you learned?

One of the things I learned today is that the surgical team does take aseptic technique very seriously. It's very easy to say it and to do it. One of the surgical nurses touched the sterile field with her hair. The team quickly responded and used a huge tegaderm pad to cover the area. I also learned the patient signs a consent form for the possibilities to be open up.

3. What is one thing you would do differently?

If I could do one thing differently, I would ask more questions. It was kind of hard to ask questions due to a medical student also shadowing Dr. Meyer. The surgical nurse I was following most of the time was running back and forth for supplies.

4. What is your major "take home" from today's clinical experience(s)?

The biggest take home from the OR experience is there are several nurses on the case of one patient. I didn't realize how many nurses it took to keep the surgery going. Throughout the surgery there were two nurses going back and forth to the supply room getting supplies. The other 2 nurses were assisting Dr. Meyer during surgery.

5. Is there anything else you would like to mention?

No, the staff was excellent!